

Do Meditation do

— “Dhyanaacharya”
Brahmachari Prahladanand

(The Master of Meditation)

**These are not my thoughts,
this is the voice of God.
Considering this as my opinion,
do not judge my mind.**
— “Dhyanacharya
Brahmachari Prahladanand”

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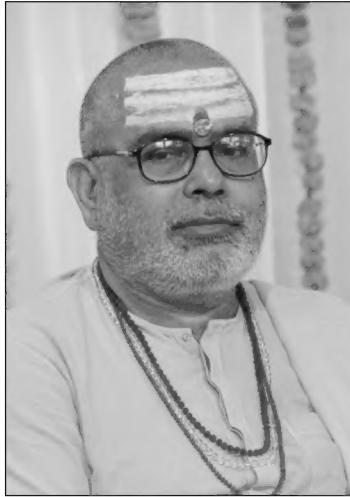
Dedicated to Shri Param Puja Guru Dev Ji Maharaj



Param Puja Param Aadharniya
Shrotriya Brahmanishth
Suratgiri Bangla Haridwar Peethadishwar
Acharya Mahamandleshwar
Shri Swami Vishveshwaranand Giri Ji Maharaj

“Dhyanaacharya” Brahmachari Prahladanand

Inspiration



Yogi Shri Swami Rameshwaranand Giri Ji Maharaj
(Vrindavan, Mathura, Uttar Pradesh, India)

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Publisher-

Brahmachari Prahladanand

Sanyas Ashram, Vile Parle (W),

Mumbai - 400056, India

1st Edition -08 January 2021, Friday

2nd Edition – 01 June 2022, Wednesday

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Shri Brahmachari Prahladanand Ji
(Dhyanaacharya)

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God appears
only after
practicing of Meditation.
Meditation
is the name of
the practice
that reveals God.

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**By meditating on God,
I have got
this knowledge in meditation.**

- “Dhyanaacharya”

Bramchari Prahladanand

**The Energy is
Within you.
You should awaken
this energy
by Meditating
- “Dhyanaacharya”
Bramchari Prahladanand**

Do meditation

Do meditation. Meditation is for oneself. Your five minutes spent in meditation are also for you. After bathing in the morning, sit in a chair at your own house. Then set the alarm for five minutes in the mobile, then join the palms of both hands in such a way that the palms are connected. Let's make the moon. Like when you ask for something from someone. And then close your eyes. Then sit for five minutes like this. And after ringing the alarm, separate the two palms slowly. Then open your eyes. Then become normal. Do this every day. But not more than five minutes. You should only practice meditation. Everyone has a solution in meditation. Therefore, the next step of meditation is called samadhi. Therefore, meditate daily.

--- Brahmachari Prahladanand “Dhyanaacharya”
(The Master of Meditation)

Preface

The experience of Godliness is personal. Whoever experienced Aura of God. He grew up with the continual practice of "meditation". The country of India has only one "meditation", for which the whole world considers the country of India as its world-guru. While sitting in meditation, Brahmarshis heard Shruti. This meditation makes one feel the presence of God. Whoever meditated saw God. Once noticed, the answers to all the questions were found automatically. Therefore, meditation should be practiced. Should sit in meditation. You should sit in meditation and listen to the endless sound of God. Should sit in meditation and see God with unflattering eyes. But it is necessary to sit in meditation. The achievement of God takes place in meditation. Hence Do Meditation do.

--- Brahmachari Prahladanand "Dhyanaacharya"
(The Master of Meditation)

Do Meditation do

Charge -

Charge = Desire + Application = Arises in desire, then Charge becomes. The desire to acquire an object arises in the person. For which he prays (pray). Praying causes, him to become Charge (re-energized), because in prayer he becomes connected to the ultimate energy. For example, Mobile Charge is used to be installed in Socket. So that he absorbs all the energy then in the same way and gets his desire. We do not do any work from the mobile in the socket until it becomes a Charge. Similarly, a person sitting in prayer (worship or recitation or meditation) should also not do any mental or physical work. Otherwise, it will go crazy through short-circuit. And no other person should bother him, because it affects the flow of energy coming from the highest energy. It is also like watching food kept in Oven or Ice-cream kept in Fridge frequently.

The fast -

Question - Why fasting is always food? Sometimes anger and misconceptions should also be there.

Answer - Up + Wash = Upward wash is fast. Anger and misconception are always made up of food. Because anger and misconceptions come to mind. The mind is made up of food. Therefore, if there is a defect in the food, then leave that food. Which will not make that type of mind. Therefore, there is a body wash. A body has an inner wash. When the inner body is washed away. Then comes love and compassion. Therefore, sages and sages used to sit in penance for years without consuming food. So that their inner body is washed away.

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Sri 108 –

Anytime anywhere, people often ask a question,

"Why do you guys use Shri 108?"

Today the answer has come, so I am telling you -

"Shri 108".

9 days in Navratri.

24 hours a day.

12 hours a night.

Multiplying 9 days and 12 hours gives $9 \times 12 = 108$.

This is the secret of 108.

Goddess Lakshmi is worshiped on the ninth day. Worshiping Goddess Lakshmi ji i.e., "Shri" means 12 hours of the night for 9 days. Therefore, whoever has Goddess Lakshmi is called Shrimant or Shriman. That means Srimanta means whoever possesses Goddess Lakshmi i.e., money will be considered. Shree + mant = one who has money and then gives money to the shopkeeper. The shopkeeper obeys the rich man and gives him the goods. In the same way, Shri - Shri + Man = Whoever has the wealth i.e., Shri, gets the same. So, it is applied to both Shri 108, that is, it is also considered. and also respected. Therefore, this Sri 108 is respectfully planted. That means a sign of respect.

Patanjali -

Patanjali means Karpatri. Karpatis are those who take alms in hand. In the earlier times, when yogis and sannyasins went to begging. So, they did not keep any utensils with them. He joins both palms, which is called Anjali. They used to say that they should add grain and water to the atra (here). This is why this posture of hands is called Patanjali i.e., Anjali. This is called the monk Karpatri. That is, one who makes his own hand into a pot. Eat and drink with a palm is a Karpatri. In order to ask someone. for something, both palms are jointed and spread. Whether it is to ask for something from God or to ask for something from

someone in the world.

Deeply -

Deeply - When you go deep, you carry the lamp. Which lights up, in which you can see even in depth. Similarly, when you go into the depths of meditation, you can see with your light. You are the soul, which is always published. As the meditation deepens. Your light keeps increasing. Then you start getting solutions, which are called samadhi.

Assimilation -

Assimilation - Call it Atma or inscribed on the seventh sky, both are equal. Self-achievement occurs after the penetration of the seven chakras. The location of the circle from which the penetrations are made is called zero. Zero is empty space, empty space is called sky. These seven chakras are the seven skies. After these seven chakras there is self. God is after these seven skies. When you come into darkness yourself, then you become aware of yourself. There is no light of darkness, the night of Amavasya, when you stay in that darkness, gradually, the light that will come is you, it is self, it is God, because it comes on its own.

Meditation -

Meditation is like this, the way you are sitting in a train and the train is moving. You are just sitting. You are not doing anything Still you reached the destination. Slept in between. That is, you are not doing anything sitting in the airplane and reached the destination. That is, in Meditation only you have to sit. nothing to be done. And after some time, you will reach the destination. Just sitting is important, in meditation.

Meditation is walking on its axis -

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Meditation is walking on its axis. As the Earth rotates on its axis. Similarly, in meditation, the body remains fixed, the mind rotates, the intellect rotates, the mind rotates, the ego rotates. Prana revolves, the soul revolves, only the divine remains. Just to reach that stable God. The mind will freeze by moving. Then the intellect will rotate, the intellect will be fixed, then the mind will rotate, the mind will be fixed, then the ego will rotate. If the ego becomes stable, then the soul will rotate, the soul will rotate when the soul becomes stable. When the soul is stable, the one who is already divine, he will give his experience. It takes a total of three hours. The body should remain in a posture for three hours. So, after three hours everything will be stable. First you need patience, then there should not be worry, then there will be a feeling of peace, and you will be stable. Then whatever happens to you. That would be the ultimate act. Your peace and stability will be very helpful in living your life. Hence "Do Meditation do" (DMd)

God Achievement in Meditation -

Apart from meditation, there is no other process that makes the divine available. The person is willing to do everything else, except Meditation. But sitting in meditation for three hours every day makes him feel useless. And then the person asks how to attain the divine? What is the way to attain God? Whereas he has to sit in Meditation only for three hours daily. And the whole of God is completely downloaded. The body of a person, the parts outside his body, the inner parts, the mind, the intellect, the mind, the ego, the soul, and that soul are all confirmed. You can start by sitting for five minutes every day. And by increasing month by month by five minutes, you can reach three hours in three years. And you can meet God every day. But you have to do meditation. All you have to do is sit for five minutes every day. There is nothing else to do. Neither chant any mantra, nor

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any pranayama. Neither mental prohibition nor order. Just put the body like a chair. Have to sit like this. And have to sit for five minutes. Neither to see the breath nor to do any action. Do not have any kind of control over the body. And to sit on a chair or couch. As you sit. Just have to start with five minutes.

Peace In Life Through Mediation -

Meditation should be done half an hour daily for peace, stability, patience, assurance and continuity in life. To do the work of the whole world, to keep oneself energetic, to stay away from exhaustion, to be prudent, to get rid of bad habits, to fill oneself with good thoughts, body, mind, soul, in order to maintain solidarity among these five elements, nature, God, everyone should meditate. That is, "Do Meditation do"

Meditation and Goals -

Meditation = Your Goal is activated in meditation. That is, people say, I want to achieve my goal. That is, meditation keeps you aware, towards your cause. Meditation is the process of keeping a person conscious. After meditation, one gets a solution. Therefore, one should meditate daily.

"Do Meditation do" (DMd) –

Meditation and Loneliness -

A person can do only one task alone, that is a work, meditation, meditation a person cannot do together, because meditation is a personal journey because there is no work to be done in it, it only has to sit, you sit, and meditation fades. is.

Meditation is Austerity -

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Meditation is austerity. Just as due to one's penance, Indra becomes frightened and takes various measures to break his austerity. Similarly, when someone meditates, someone tries to break the meditation. But the meditator should keep meditating continuously.

Lord Shiva is "Meditative God" -

Lord Shiva always does Meditation. Because Lord Shiva is "Meditative God". A person should also meditate at least twenty-four minutes daily, following his footsteps. Eight minutes to five in the morning, eight minutes to one in the afternoon, eight minutes to seven in the evening, certainly in today's time, this Meditation will charge the human battery. As in 3 Idiots the Dean of the College takes an eight-minute nap in the afternoon. That is, meditation. That is why he is so intelligent, that his name is Sahastrabuddhe i.e., one thousand wise. So, one should do meditation daily. Because by doing meditation daily one gets the company of the divine. Will power of a person increases due to the attainment of God three times a day. And a person can complete daily tasks very well. Hence Do Meditation do.

Vigyan Bhairava Tantra -

There are one hundred and twelve methods of meditation in the book called "Vigyan Bhairava Tantra". Sixty Ghadiyan throughout the day (twenty-four minutes in India is called a Ghadi, Ghadi is called a time period). Half Ghadi for twelve minutes then $112 \times 12 = 112$ methods for 1344 minutes. The remaining 96 minutes in a day are then eight hours. In which positions can be changed. The days are Chaughadiya. You can do your work during these Chaughadiyon, 24 minutes in a Ghadi, 12 minutes in half Ghadi. After every three hours, a 12-minute half Ghadi is empty for you. These 112 methods of this

kind can make you meditate on God all day. And we can transfer the energy of God into our knowledge. USB Cable No. It is 1344. With which we charge our mobile. That is to remove the cable from the Shocket after every three hours. Only this Cable No. 1344 is used to charge and connect computers and mobiles. This is the only cable. Another cable is 1440. This cable is HDMI Cable 1440, which you can keep for 24 hours. That means up to 60 Ghadi. $60 \text{ Ghadi} \times 24 \text{h} = 1440 \text{ minutes}$. Gadgets are made here according to Ghadi and Chaughadiyin, with technology. Now we can see Chaughadiyon's calculations later. This watch showed 60 Ghadi not showing 24 hours. The earlier T.V. The serial consisted of 24 minutes i.e., one Ghadi. Then after 8 minutes a second serial came. The format of the serial is still for 24 minutes i.e., a Ghadi has to sit with you. This is all going on at Chaughadiyon. All time technology is based on the Indian Ghadi system. One Ampere of electrical unit is also equal to 1440 Watt / Volts. That means 1440 minutes of a full day. Only 12 Volts of battery is used, everywhere. 12 Volts i.e., half Ghadi and everything lasts throughout the day. Similarly, it has been said, charge yourself by meditating on one Ghadi or half Ghadi God and work all day. half Ghadi i.e., 12 minutes Meditation and you will be refreshed. So, Do Meditation do.

Irrationality of Meditation -

The irony is that the person does not want to sit in meditation and wants to experience samadhi. The person feels that he is wasting time by sitting in meditation. But the fact is that samadhi cannot be experienced without sitting in meditation. Therefore, if a person wants to experience samadhi and gain knowledge of God, then one must sit in meditation at the appointed time every day. Hence Do Meditation do.

Deep Sleep and Meditation -

Deep sleep is one in which the person is still on his journey in deep darkness with a lamp. Samadhi is that in which the solution has been attained and has become illuminated.

Fact and Meditation -

Fact can be covered with thought. But there should be continuity of thoughts. Otherwise, the facts will stand up again. Therefore, the person is engrossed in thoughts and keeps covering the fact. But meditation gives courage to accept the fact. When the fact is accepted once, the fact disappears and does not appear again. So do meditation. Accept the fact. Peace will enter the mind automatically.

Exorcist -

Exorcist - Om + Extruder = Exorcist from Om is Exorcist. MRI Magnetic resonance imaging. MRI Scan is seen where damage has occurred in the body. Then that place is treated. Similarly, the Exorcist also checks the magnetic resonance of the body. And Exorcist checks with two types of technology. One with a broom or the other with a peacock feather. Then, at the place where there is a magnetic disturbance, he shoves it with the mantra of Om by applying peacock feathers. Is going to destroy Om's mantra. Hence, it was called Ojha Cleansing is done because dirt accumulates on the person. Which prevents the magnetic attachment of each other's organs in the body. Peacock feathers have few parts. Those who brush off that mess. Hence the Exorcists have peacock feathers. All Exorcists all over the world have peacock feathers. And speak the mantra of Om in a person's ear. Due to which the dull fire within the human is rekindled.

Picket or Notion -

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Picket or Notion, these two are the same. "Picket" is spoken when seated for the attainment of worldly goods. And when we sit for the attainment of the divine, "Notion" is named. Picketing or notion only later become meditation or meditation. The result of meditation is samadhi. Samadhi leads to the achievement of knowledge. Therefore, if you sit for the attainment of the divine every day, knowledge becomes available one day.

Neutral -

Meditation is like being neutral. To sit on the banks of the river. That is why sitting on the banks of Narmada and looking at the river Narmada, Meditation happens automatically. To sit on the banks of the ocean. Seeing the ocean and meditation takes place on its own. Sit on the banks of any river, pond. Meditation goes on its own. That's why neutral has so much importance. Neutral means Meditation. Meditation means attachment to the divine. Connection means yoga. Yoga means Sum. Sum means Samadhi. Samadhi means solution. In which intelligence, thought, understanding, imagination, emotion is not found. Only the existence of God and the enjoyment of God.

Kaal Bhairav -

The one who protects from the fear of time is called Kaal Bhairava. Kaal i.e., death and these times Kaal Bhairav has composed the great book "Vigyan Bhairava Tantra" of 112 methods of meditation. All these methods of meditation have emerged from these meditation methods. By meditation, the fear of Kaal is removed, man goes beyond the limits of Kaal, so practice one of the 112 methods of meditation and overcome the fear of Kaal (death and time).

Patience and Meditation -

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Another name for this patience is Meditation. Had to be patient in meditation. Sitting 24 minutes a day, that too with closed eyes. And nothing has to be done in the form of physical, mental, intellectual, mental, ego, pranayama. In this, the sweetest fruit of divine form is found. Which energizes for 24 hours. So just sit for only 24 minutes. And Recharge for 24 hours. So Do Meditation do.

Time and Meditation -

Meditation has to be done for three hours daily to meet the divine. It takes three years to reach three hours, then one can sit in meditation for three hours. It has to start from five minutes. By increasing every five minutes every month, you reach one hour in a year. In the same way, for the second year, every five-to-five minutes increase to two hours. And by keeping the same sequence in the third year. Increasing by five minutes every month becomes three hours in the third year. Then after three years, keep it running for three hours only. Do not do more than three hours. In this way, after three years, meditate for three hours every day and enjoy the divine.

Thirty-Three Kothi -

There are thirty-three kothis which are in the spinal cord. The Spinal Cord consists of Thirty-Three Verberatei. This Verberatei is the only Kothi. It is loaded with Cerebrospinal Fluid. This is Cerebrospinal Fluid (spinal cord). Which drives the whole body. It gives strength to the whole body. By meditating, each kothi is filled. After filling 33 kothis, there are seven empty spaces, called Space. They are also filled with Fluid. After filling these forty places, God is attained. For which three hours daily meditation had to be done. It takes three years to reach three hours, then one can sit in meditation for three hours. It has to start from five minutes. By increasing every five

minutes every month, you reach one hour in a year. In the same way, for every second year, every five-minute increase, every month, becomes two hours in the second year. And in the third year also, by increasing the same order by five minutes every month, in the third year it becomes three hours. Then after three years, keep it on for three hours. Do not do more than three hours. After three years like this, Meditation is to be enjoyed by doing meditation for three hours daily. There are seven skies above this spine. Those seven presumptions have to be crossed. Then there is God. That is why, in Islam, to worship the spinal cord, sit in the Vajra posture so that the energy directly from the spinal cord crosses the thirty-three rooms, crossing the seven heavens and meets the divine.

Avalokiteshwar -

It is that state of meditation, which certainly brings a person to the divine. By meditating in this position, one feels the Brahmanand as soon as possible. This meditation position is called "Avalokiteshvara". In which God is seen. In this position, God is seen very closely. The meditator finds a solution in the light of God. Relationship with God is established. God begins to appear in the meditator. It is in this position.

Appeasement -

Appeasement - Mind + Naughty = Mind is big Naughty. Therefore, humans ask for appeasement. That mind is very naughty. My mind does not seem to have a place. You put my mind in one place. Appeasement is sought to end the restlessness of the mind. Because when the mind is in one place, the work will be done properly. So, if Naughty wants to heal the mind, then ask for appeasement and concentrate on Naughty mind.

Dhuna -

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Dhuna - No smoke. Naga monks burn dhuna. That smoke burns out of which smoke does not come out when wood is burnt. Because the wood is completely dry. There is not even water in it. In the same way, there is a sadhana of a Naga Sadhu, in which there is no burning of smoke but no smoke because there is no lust or desire.

Credit and Love -

Two things are defined in the Kathopanishad - Shrey and Preya. When we hear the sound of GOD, it is called Shrey or meditation. When we say something to GOD it is called Preya or Prayer. In meditation we get energy from GOD. In meditation we get intuition from GOD. In meditation we gain knowledge from GOD. In meditation we obtain peace from the GOD. We achieve GOD only in meditation. We became independent in meditation. In prayer we ask the GOD. In prayer we are afraid of GOD. We feel guilty in prayer. In prayer we apologize to the GOD. We became lazy due to prayer. We lost our energy in prayer. In prayer we depend on GOD. There is no conversation on both sides in prayer. In prayer we say and in meditation we listen. In meditation we are very close to GOD because our motive is only GOD. In prayer we are away from GOD, because our motive is only desires. According to my practice, credit means the sound of GOD. When you are listening to the sound of GOD, you are feeling very light. You are gradually released from the force of gravity. The sound of GOD is called ANAHAT NADA. You just listen to it. It is ringing in the navel.

Calorie -

Calorie - Kaal + Lori = Lullaby only saves from Kaal (death). Lullaby comes to Calorie Control from the song. Mothers sing the lullaby to the child at night, so that the child who is afraid of

the night and does not sleep, gets to sleep. And the heart of the mother singing the lullaby also becomes light, the heart that was filled with the day's bells, all of it goes out through the lullabies. It does not cause heart attack disease. Because saliva does not come out of his mouth. If the saliva comes out of a person's mouth, understand that his time (death) has come close. Only this lullaby keeps him away from his coming time (death). Hence the lullaby is sung.

Permanent -

Permanent - The Ultimate + Infinite = The ultimate is infinite. Bliss - Param + Anand = Enjoyment in the ultimate. Man wants permanent job or work in life. And in devotion to God also wants ecstasy. Because the upbringing of the body requires a Permanent job. Permanent jobs end the upbringing concern. And to nourish the soul, the ecstasy of God is needed. That is, the person wants both Permanent or ecstasy. One for the body and the other for the soul. Householder needs a Permanent Job. The monk needs a blissful divine.

Abhyuday -

Abhyudaya (Without fear) - Abhaya (Rise) = Rise = Abhaya (Rise). From the beginning of the night till the end, all suffer from fear. But when the sun rises, abhaya rises in all due to sunlight. At night the man ceases to appear, he has no means to see by light, because he has not yet invented any kind of fire or any other object. So, he is afraid at night. He does not come anywhere; he is a little scared in one place. And when the sun rises in the morning, Abhay rises in the person (Fearlessness), it is just the emergence.

Headlines -

Headlines - Head + Lines = lines of forehead - People used to

wake up in the morning in the village. The words of his mind were known only after seeing the lines on his forehead. So, people used to do routine work in the dark. And being ready, he used to hide those forehead lines with sandalwood paste. So that other people do not know what is on their mind. The lines of this forehead are the headlines. By reading those lines of the forehead, one's past-present-future is known. The British wear rubber bands to hide them, or wear Hat hats, Sikhs wear turbans, patkas, Muslim people also wear hats, all such people hide their forehead lines in some way or the other. Keep it. So that no one can see their headlines and do not know their mind. The same Head Lines become headlines of newspapers again. Apply sandalwood on the forehead, hide the ridges, take some identification, Head Lines, what has happened in the night?

Practice -

The person practices for the attainment of fearlessness and hope. What is the person's hope for? To attain God. By attaining God, one attains Fearlessness. God is revealed through practice. And Practice Makes Man Perfect means that God is manifested only through practice.

Celebrity -

Celebrity - Style + Vrati (One who is doing fasting) = To become a celebrity, you must have style. Second, you must take a fast. Only then you can become a celebrity. Only by hitting Style will you become an actor. Only by fasting will you become a saint. But if you live with style, and even fast, then you will become a celebrity. But there is one thing in all of this, which is hidden like the river Saraswati, that is, you have to follow Celibacy to follow the style and fast. Only then you will become a full-fledged celebrity.

Moorti (Sculpture) -

What kind of mood does a person have, he likes the same idol. Like the feeling being God saw the idol like that. Idols are made to know the mood of the person. Different statues are placed in front of him. When the idol of that person's idol comes in front of that person, his eyes have a different glow. He is identified with that idol. Then whenever a person's mood is bad, he has been taken to the same idol to cure it. And that person gets well. And if the person does not know about the idol of Mud, he is taken to the idol of his clan, and it becomes normal. It is a matter that the idol is dependent on one's mind. The idol is according to Feeling. Eklavya made an idol of Dronacharya, downloaded all the archery from Dronacharya's heart and saved it in his heart. How did Eklavya first put his heart with the idol of Dronacharya, then entered the heart of Dronacharya through the idol, then took the knowledge of bow and arrow from Dronacharya's heart into his heart. Is it a matter of thinking? Because some people say, does God meet the idol? They should tell this story.

Consultant -

God is the counselor. Who lives on the sky? The same God should be consulted. Because only God gives everything. Nowadays Clouding Computing all data collection happens. All this data lives on clouds. And when there is a connection of WIFI, it is downloaded to your Device. You consult and work with the same data. In the same way, since the collection of data is being done in the sky of God. And if you want to take that data, then you will have to establish a connection with God and the day you have contact with God, then you should have a Hard Disk to save the data that you will get from God, it is up to you. And by the way, there are three poles and a dot to make WIFI Connection. Just like the Shivling, or the forehead Tripund.

Therefore, the first who had a Tripunda on his forehead, he was consulted, because he meditated and kept in touch with the divine, and on practicing Brahmacharya, he had the ability to store the data, which people called Brahmins. Today this data is available to everyone on mobile, so everyone consults the Internet and uses the data. This is the counselor.

Consultation -

Counseling is taken from the one who lives on the sky. When a person has no idea what to do? So, the person faces the sky and says "Now you tell me what should I do?" When you ask everyone and do not give a clear answer, people point to the sky above and say "Ask the one above." The sky signifies the divine, because the divine fulfills the person's hopes, so the person accepts the divine. Therefore, counseling should always be sought from the divine, who lives on the sky. The same consultation is also considered.

Kashcit -

Tightness = holding vigorously. Mind = mind. Those who hold their mind vigorously are called Kashcit. That is, only those people can get me, who hold their mind vigorously. Do not let the mind move here and there. These kinds of people get me in a moment. It is just a matter of holding the mind firmly.

Violence -

When we see someone inferior, we do violence to him, that he is weak, what will he spoil us. But when we see a powerful person, we do non-violence with him, because if we do violence to the powerful, we will suffer. This definition is of our violence and non-violence. Whereas non-violence is, do not look inferior to anyone. When you will not see anyone inferior, then only you will be non-violent. That is, when you do not consider anyone

weak, then you will become non-violent. That is, as long as you are seeing others inferior, then you are violent.

Parayan -

Parayana means reading the same book aloud and reading it completely in one go. When someone's mercury increases or decreases. So, it is passed to control. Parayana can be done by anyone, Parayana is of three hours. Mercury becomes normal in three hours of Parayan. Hence Movie Film is also of three hours. The Gita Parayan is also of three hours. And if the mercury has become more solid, then the Akhand Ramayana has a parayan of 24 hours. The reason for parayana is that, when the ion changes, the mercury of the atmosphere changes, the parayan is adjusted for adjustment in that new environment. Just as the Sun is from Uttarayana to Dakshinayana and Dakshinayana to Uttarayan, then Parayan is performed. Due to which mercury is controlled.

Maanas -

Manas - Honor + Vein = Honor is the painful vein of all. If someone does not give respect, then he becomes angry and if someone gives honor, he becomes happy. Do not listen to anyone and listen to someone else, then look at the difference. This is the vein of Honor, which is Honored. This is the nerve of all humans. Therefore, if you do not give respect to a human being, then he says that "You have manners". That is why the hospitalists know this very well and immediately give a nurse to the man. The man who maintains the man's honor and the man in front of the nurse lives in the Manners. Manners have to agree with Nurse. The nurse is also called Sister, and with Sister everyone becomes courteous, only then she shows poise. Therefore, the emphasis has been on acceptance in India and not on knowing. Because in India Honor is the main and not life.

That is why Dasharatha said, "Life goes on, but the word does not go", it is the talk of Brahman-enlightenment in India. But "talk" of Honor is accepted. In India it is said "Why is taking so much information? If it is the question of elders, then accept it blindly. Ram also did the same thing that accepted the matter. This is why Honor. Here in the whole Ramcharitmanas the matter is being considered. Kaikeyi accepted Manthara's words. Dasaratha accepted Kaikeyi. Ravana accepted the word of Surpanakha. Ram accepted Atri's point. And the biggest thing Ram accepted Laundryman words. Sita accepted Rama's words. Laxman accepted Rama's words. Ram accepted Sita's words. But just did not listen to one thing. Dashrath did not listen to Vashistha. Vashistha told King Dasharatha that "coronate Rama before twelve o'clock tonight, or you will never be able to do it again". But King Dasharatha did not listen to Vashistha. And we got Ramayana or Ramcharitmanas.

Ministry -

Ministry = Mantralaya - This is not a ministry, it is a Mantralaya. Everybody has his ministry. The mind becomes frightened by the worry of impending suffering. And the mind starts trembling, because of fear, then it is called the temple. Then the mind, like Manthara, chants, to protect itself, however it is, the ministry.

Alladdin and the lamp -

The lowly people rely on Allah and keep dreaming like Allah din, that they too may find some lamp like Allah din, so that they too may have palace and wealth and women like Allah din. But the thing which is attained by the illusion of the system, that thing also vanishes like an illusion. Just as Allahdin's lamp was gone, all wealth, palace and women were all called back by the magician of that illusion.

“Dhyanaacharya” Brahmachari Prahladanand

Three Times Meditation -

Earlier, there used to be three times meditation in India. But when Islam came to Arabia, the Arab idolaters fled to India. Then the Arab people started idol worship in India. Seeing the people of Arabia, the people of India also started idol worship. Meditation used to take place in India at that time. On the commencement of idol worship in India. Meditation people in India then moved from India to Nepal and then from Nepal to Tibet and China, Japan. In this way, when Islam came in Persia, Zoroastrian came to India. The Zoroastrian brought Agni Puja with them. Agni puja is a form of havan and yajna. In this way, havan and yajna are the gift of Zoroastrians. Which are happening in India today. Jews believe in a theism. The tradition of Advaita brought Jews to India. Because baptism is in the Jews. Three times a dip in the river is baptized. As in the monotheistic tradition in India, three times the river is immersed and immersed in the river. One is initiated to believe in the Supreme, that is Brahm. Suppose in this way that there was only Meditation (meditation) in India. Meditation was not the worship of any god or deity. Meditation was to reinvigorate yourself to work. Meditation consisted of sitting for only one hour each morning, afternoon, evening. You had to recharge yourself. This idol worship, havan, etc. was not in India. There was only Meditation in India. This was the same Meditation that Abraham, Moses, Jesus, Zarathrust, Mohammed, Vashistha, Vishvamisra, Ravana, Shiva, Vishnu, Brahma, etc. all did. Which was named Tapasya. At that time the general public also used to meditate. Like the whole America is doing today. Sometimes China and Japan and Tibet also did. This proves that there was no sacrifice in India, there was no idol worship, no havan or aarti. There was no so-called religious ritual. It all came from outside in India. Which was imposed on Indians. There was no temple in India. There are more than a thousand

years old temples in India. At that time there was only Meditation in India. There were neither varnas nor ashrams. Neither Brahmin Kshatriya was Vaishya Shudra. Nor was Brahmacharya Grihastha Vanaprastha Sannyas Ashram. All this was imposed in the name of Vedas, Upanishads, Gita, Puranas etc. that these are the texts of India. India's only was Three Times Meditation. Which everyone used to do every day. There was no mantra, worship etc. in meditation. Just three hours morning, afternoon, evening one hour was to sit. This is called Sanatan Dharma. Just like when you wake up in the morning when the sun comes, you get refreshed. Your body is eternal. The mind, intellect, mind, ego is all pure. Because you do Meditation. But people ask whom do you talk about meditation. These are our gods, let us meditate on them. Just here it is missed. Nobody has to meditate. Just have to sit down. Have to sit for one hour every day. Nothing is to be done. Just have to sit and get up after an hour. Have to do it every day. You can also do Three Times Meditation in A Day, anywhere, three times a day, seven in the morning, one in the afternoon, six in the evening. Nobody will stop you Sandhya means Meditation. Only one Ghadi, that is, you have to do twenty-four minutes. Even if we collectively have no problem. Spread the posture, and sat down in meditation. Woke up after twenty-four minutes. Seven in the morning, one in the afternoon, six in the evening. Just have to sit. Neither chanting any mantra, nor pranayama, nor turning the rosary, only just sitting. Three Times Meditation was done earlier. The people of India left that. There was strength in Three Times Meditation. To sit in the proximity of God thrice a day. That was a Satsang. Truth means God. Together. As you say, you will become as you do. So, the Three Times Meditation is with the divine. Will live with God three times, then God will always be with him. Trikal Sandhya was first replaced by the early morning aarti. Then Trikal Sandhya

was replaced for the second time by the evening Bhajan Sandhya. In the end Trikal Sandhya was replaced by the afternoon bhog. In this way, the Trikal Sandhya gradually disappeared and the person started going towards the forest for the peace of the soul. Whereas by doing Trikal Sandhya every day, the person used to get peace of the soul at his place of stay. Because in the Trikal Sandhya, a person used to establish oneness with God for some time by taking a seat anywhere. This was later called meditation or meditation.

Flutter of navel -

When you focus on the navel vibration, you will not know where the mind will be released. When the rhythm of the same pulsation spreads throughout the body, it will make a similar body through equal life. Then the mind cannot do anything despite wanting, it ceases and its existence also ends. The way food is cooked by keeping it in the oven, in the same way, by meditating on the navel pulsation, all is cooked and purified.

Auspicious beginning -

There is a Brahma-Muhurta for doing spiritual meditation. Because meditating at other times will not give enough results. Therefore, it would be auspicious to do business, education, etc. other socio-political and religious functions. Which will provide the appropriate result on starting the work at the right time. It has also been said "Well Began Is Half Done".

RAM -

Without "RAM", Computer and Mobile also does not run. The computer and mobile on which the whole world is running today. Those computers and mobiles have "RSS" feed. Now "RSS" feed and "RAM" are running the entire Technological System. So, the world operates on RAM and RSS feed

Automatically. You can neither remove RAM, nor can you remove RSS feed. You cannot separate the two. If the RAM is reduced then the system itself will hang. If you remove the RSS feed then contact with RAM will be lost. The function of connecting both RAM and machine is of RSS feed. And how much GB is the RAM of your mobile, computer, it runs as fast. That is, how much confidence you put in Rama, the easier your work is, and the faster it is, to stay in touch with Rama, you have to connect with RSS, because RSS is the closest to Rama. Rama has assigned the state of India to RSS. RSS has defeated everyone with the help of Ram. Because wherever Rama comes, there is rest. The arrival of Rama in Ayodhya was rested by all Ayodhya residents. Laxman ji's wife Urmila stood on the doorpost for fourteen years with one foot. Nobody did penance like Urmila. Rama's arrival fulfilled his wish, and Urmila rested again. Because once you surrender your Wish to Ram, you rest again, because Ram then fulfills your Wish. So, you keep putting your life in RAM with confidence. And keep increasing the GB of your RAM. And play with RSS feed. (G-G, B-Trust).

Sorry -

When going towards salvation, then we apologize to everyone, and forgive everyone. If you write Moksha upside down it is forgiving, forgiveness is removed by removing "O" from it, forgiveness is the door to salvation, when the transaction of forgiveness is equal, and zero balance comes on both sides, then forgiveness ceases, and only "O" survives. This is Om, which remains in the end, just it is filled with "high". "Ung" only moves in it.

Awaiting -

Copy is only desired. If I become like him, then we have to wait, because in order to copy someone, he has to copy it. Imitation is

called copy. If you go to the shop to get a copy, you have to wait. The basic work is done at the right time. When the appropriate time for wheat arrived, planted wheat. When tea time came, I drank tea. To make a beard, we have to wait till the hair grows. So, one has to wait for the original work to be done at the right time. The auspiciousness and obsolescence of work creates a distinction between work. Work is done according to the character. Not seeing auspicious or inauspicious. The work of the monk is the meditation of the divine, which is done in Brahmanuhurta. The monk waits for Brahmanuhurta to meditate. The householder does not get up at the Brahmanuhurta. The householder wakes up when the rest is completed. Because the householder has to work tirelessly throughout the day. And the householder waits for the night to be tired. Fair and unfair. If you go above the mind then it is appropriate. Food is fair - Food is good for everyone. The grain is therefore inappropriate. In the event of being above the mind, the monk has to sacrifice food, therefore food is inappropriate for the monk. Therefore, the monk consumes fruit and milk, which generates ego in the conscience of the monk. Because ego is ahead of the mind. And food makes up the mind. Therefore, everyone has to take care of time. If everyone works from time to time, the earth will remain clean like this. Otherwise, we will again pollute the earth with our own arbitrariness.

Khappar (Begging bowl) -

Tantrikas have a tradition of begging in Khappar. Khappar used to be of two types. One is of human skull, the other of turtle shell. Tantric brings the skull out of the crematorium. Skull cranial action is done to prevent any tantric from getting the skull. To break the skull. But the Tantric then digs the skull out of the tombs. Eats magaz (brain) present inside the tantric skull.

Due to which all the knowledge of the dead is transferred to the tantric. In this way, the tantric eats a new skull each day. In this way, the tantric knows the secret of many people. Tantric eats turtles in turtle shells for a long time. Which achieves a long life like a turtle. Each day the turtle eats. Therefore, human skulls and turtle shells are found in large quantities near the tantric. This is how Tantric eats Brain. Hence the saying, "Hey! Why eats my brain?" "Brother! Don't lick my brain" because eating a lion's brain makes it like a lion. Hence the king used to eat the lion's brain, hunting the lion. As the lion is the king of the jungle, the brain becomes ours. Therefore, a person who walks and walks like a lion. Of course, he eats the lion's brain. Just like the one who eats the brain, it becomes the same. A human being lives with a body, but the brain shows which animal's brain has eaten. The animal whose brain is eaten, then man behaves like that animal. But Khappar is made of two, the skull of a human, the shell of a turtle. The rest are hung with straw in their heads, on the wall of the Drawing Room. So therefore, whoever eats in Khappar is definitely in the tradition of Tantra. Vaam Tantra also belongs in the Tantra tradition. Those who worship Pancha Makkar. Those who eat and drink in Khappar itself. But nowadays, khappar is found with coconut shell. Probably no longer as tantric as before. The tantric today are using Khappar of gold, silver, brass, bronze, coconut, wood, clay etc. But near the actual tantric, the skull of the human skull and the shell of the turtle will be found. It is a sign of the identity of the real tantric. This is the story of Khappar.

Aham Brahmasmi -

All are unique in this world, no one is a copy of anyone, all are original, in fact one cannot be a copy of someone, yes one can be copied, but that too for a short time, until the play goes on, After the play, it reverts to its original form. It is here that the Vedanta

Mahavakya "Aham Brahmasmi" occurs. Because Brahma is unique, there is no copy of Brahma. Just like clay, now no copy of clay can be made. The more soil there is, the more soil remains. There is water, no copy can be made of water, there is fire, there is air, there is sky. And there is man, animal, bird, insects and moths, trees and plants, stones, no one can copy them. Take this photo of clay and make use of this photo copy. A copy is not made of the original, a human being cannot copy another person like himself. Whatever it is will remain the same, because the nature of its earlier births, the nature of this birth, the imaginations that come ahead, these are the most unique of human beings. That is, nobody is second. Brahm is also unique in this way. Apart from Brahm, there is no other Brahma, that is why all Brahmas are there, the pasture is all Brahmās. Vedanta's Mahavakya "Aham Brahmasmi" is proved here.

Morale -

Morale - Mind + Om + Force = It is a word that means "morale". "Manombal" but in time Noble survived. When the mind joins Om, there is a lot of force in the mind. A mind weighs forty kilograms. The mind then weighs countless kilograms. Because "high" is divine, the power of God is infinite. So, when a person's mind meets the "high", the person's morale increases. The "Om" and the mind meet in a state of meditation. So, meditate daily. Mix your mind with high, boost your morale. But one has to meditate daily. It is placed before each mantra. The mantra receives power only from high. Because there is a high socket, in which the energy of God is flowing. The socket has three holes, the mantra is the Power Cord, the Power Cord Plug has three pins. Because there is mantra i.e. - mind + tr. Tri means three. So, by plugging the plug into the socket, the mobile charge becomes. Similarly, body, mind and soul become

three powerful by applying mind to high. The way Mobile Charge is done every day. In the same way, meditate and charge yourself for the whole day. So, morale will remain.

Man level -

There are nine levels of man: body, mind, intellect, mind, ego, soul, soul, nature, God. A human who believes in the body. The body considers everything. A person who accepts the mind is "mental". One who considers intelligence is "wise". The mind painter is the "painter". The egoist is "arrogant". One who believes in life is a "creature". One who accepts the soul is "self-possessed". One who believes in nature is a "naturalist". One who believes in God is "divine". There is a feeling of mind when you rise above the body. There is a feeling of intelligence when you rise above the mind. When you rise above the intellect, there is a feeling of mind. There is a feeling of ego when you rise above the mind. After rising above the ego, there is a feeling of life. After rising above the soul there is a feeling of the soul. There is a feeling of nature when it rises above the soul. After rising above nature, there is a feeling of God. All these sensations take nine years. Every year, after meditating for three hours, one experiences one every year. In this way a person can get the feeling of God in nine years. Therefore, you have to meditate for three hours every day. Because the way it takes seventeen years for a person to do Post Graduation, similarly the realization of God is taking only nine years. But the person says that there is no time to meditate. If the person gets meditation from the age of five, then after doing the whole nine years of meditation, the person can feel the divine at the age of fourteen. Then the person will spend his entire life in meditation in the realization of God. Therefore, one should meditate. Do Meditation do.

Samadhi -

Samadhi occurs when you forgive everyone with your righteousness. Meditation takes place after samadhi, meditation is the voice of God. Your perception is formed by meditation. You hold on to religion. The notion takes you into pratyahara. Everything becomes your diet. Pratyahara takes you to Pranayama. Your life gets dimension. You can do asanas with pranayama. You can easily do asanas by doing pranayama. Asanas take you to the rule. You start following the rules. The rules are five - you do self-education by having defecation, contentment, austerity, self-education, God providence, God providence. Swadhyaya itself has been called austerity. Satisfaction comes from meditation. Contentment brings cleanliness. By following the rule, you start following Yama automatically. Yama is also five - Ahimsa, Satya, Asteya, Brahmacharya, Aparigraha. Once cleanliness comes, imperfection comes. In aparigraha, they do not keep watch over the woman of another and the house of another. Brahmacharya comes after becoming imperceptible. Asteya comes after celibacy. Truth comes after Asteya. Ahimsa comes after truth. You should be forgiving for all this.

Body and Mind -

Tilt your body. Greetings from the heart. God will come within himself. The divine will come in your soul. Then God will automatically come to you.

Trikal -

Trikala i.e., Tir + Kaal = Tiran Kaal. A period in which you go to Tir. The tricolor is the lightest, no effort is made to the tricolor. Therefore, it is said, "Who is this Tirna"? From the three periods there is Tirana, that is, three periods, past, future, present. To go through these three times. It is trivial. That is, when you go

through three periods, you come to a state of famine, a famine, where there is no time. This time of famine is called evening. Where the night departs, and the morning. Where the afternoon leaves, evening comes. Where it is evening, night comes. This is the trikala in which all go away. This time is of two and a half hours, that is, a quarter and a quarter, a quarter and a half. These two and a half hours are of "two and a half times love". A clock has twenty-four minutes, so it is an hour, these two and a half clocks has to be done three times a day. After two and a half hours of evening, it becomes seven and a half. That is, you have to do seven and a half hours of evening in a day. In this way, two thousand seven hundred thirty-seven decimal five (2737.5) hours in the year. This 2737 time has been called 2737 Angel Number in the west. Angel Number means the number of the gods, that is, this time is the time of divinity. That is, one thousand ninety-five hours (1095) in the whole year. In this way, by taking Trikala evening for seven and a half hours daily, one gets the connection of the Gods, due to which the person comes to Godhead. He becomes radiant like gods.

To sit -

One has to sit to attain the divine. Sit as much. God gets closer. Then one day God is found. It is union with God. That is why, in temples, stones are sculpted and placed. The idol sits for years, and the priest continues to serve the idol from generation to generation. The priest gets attached to the idol; the priest talks to the idol. Gradually, a supernatural beauty begins to descend in the statue. A supernatural light is illuminated through the idol. Over the years, the idol would be perfected one day. If proven, then it becomes famous. Then people come from far and wide to visit the idol. They wait for hours, even if they see the idol in a moment, but they only go after seeing it. But to be all this, one has to sit. Even when a living person attains the divine by

sitting, then people still come to see him. That is, everyone is dependent on sitting. Valmiki wrote the Ramayana for years. The Ved Vyas sat for years and then wrote the Brahmasutra. Patanjali sat for years and then wrote Yogasutra. Kapil sat for years then wrote Sankhyasutra. Vashistha sat for years and then wrote Yogavashistha. Panini sat for years and then wrote the Ashtadhyayi Sutrapath. So, sit in meditation, and attain the supernaturalness of God.

Hypocrite -

The hypocrite means God + Akhand = God is Akhand. Therefore, there is hypocrisy. Everyone wants to get this unending God. But those who seek the divine do penance, meditate, meditate. Then we go and find God somewhere, the journey is long, we ask for hard work, there is no time limit that if you meditate in such quantity, then God will be attained. But after attaining God, it is not even possible that the enjoyment of the world can be attained. Therefore, the pleasure of God, which is available, is unbroken. Therefore, he has been called Akhand Brahmachari, because again Brahman and Jiva have established Akhand unity. That is why a person who is a brahman in akhand brahm, a brahman in akhand brahm, becomes a brahmachari. This theory of Vedanta has been propounded by Lord Shankaracharya.

Wordless -

Wordless, meaning + word = word of word. The word of nature means the word of nature. When the word of nature descends within a human, then silence enters within the human. Rather than being silent from outside, the silence available inside is silent. Humans seek silence from outside, but if conversation continues within humans, then this silence outside breaks. The inner dialogue is manifested through some or the other. Then

the silence of man breaks out from outside. Silence has to be practiced from within. For this, we have to go silent. The achievement of this silent speech, right now in the Corona era, has happened to all of us. Winds of trees, birds chirping etc. Nisarga was created by God, the word originating from Nisarga is the word of God, which comes out without any musical instrument. Therefore, the word coming out of the sound is eternal and the word coming out of the instrument is eternal. So, to stop the inner conversation, and the mind, intellect, mind, ego of the conscience, without thinking about these four, because these four are considered. Let the word of God resonate. The voice of God is always echoing, but it is not heard in the noise of thoughts. So, the inner silence should be available, and enjoy the sound of nature.

Twelve Jyotirlinga -

There are twelve senses in the body, Senses are called Linga. This sense is illuminated by the light of the soul; hence it is called Jyotirlinga. There are twelve senses in the body. The light is illuminated by these twelve senses, so these twelve senses are called Dwadash Jyotirlinga. Each sense remains active for thirty days, thus when the Earth completes the orbit of the sun in three hundred sixty-five days, then twelve senses are active for three hundred and sixty days according to thirty days. Now which Sense remains active for thirty days, it is a matter of research. No senses remain active for the remaining five days from the orbit. Only the soul and the divine remain in these five days. Therefore, these five days are called Pancha Divas or Panch Dev or Pancha or Panchayat or Five Days. In these five days only, the body on the first day, the mind on the second day, the intellect on the third day, the mind on the fourth day, the feeling of ego on the fifth day. The body is the soul. The ego in the body is the divine. The soul wants to save the body, because

the soul is afraid that the soul will be destroyed when the body is destroyed. And the ego proclaims to be divine. Because all works are done by the ego of God. So in these remaining five days, there will be a feeling of land on the first day. Then there will be a feeling of water. Then there will be a feeling of fire. Then there will be a feeling of air. Then the sky will feel. These five days are of great importance, and come only once a year. Land is the body because the body is made of land. Water is the mind, because mind is made of water, fire is wisdom, because intellect is made of fire, air is mind, because mind is made of air, sky is ego, because ego is made of sky, sky is only God is there, because everything has been done by the ego of God. I mean, work means a lot. As God has said, "Eko aham bahusyam", Indri has also been called the gate of the body. The light of the soul comes out of these twelve gates; hence it is called Baradari or Baradari. The soul receives light from the divine.

Idle -

A man was sitting idle. Someone asked "Why are you sitting idle"? The sitting man said "I have two cars, wondering which car to sit in?" When a person has two functions. The person thinks that, what should I do? Then people think that the person is sitting idle. People do not consider thinking as work. But still people say, "Do any work thoughtfully". Another man was sitting idle at a distance? Asked him, "Why are you sitting idle?" The man said, "I run a bakery, my job is to bake, I put things in the oven to bake. I am now sitting and waiting for them to be baked." When a person selects a task and puts that work into a process. The person has to wait till the work is completed. People feel that this man is sitting idle. There are two types of work in this world. A work is done to make a living. The second task is done, to attain the divine. All people work to make a living. But to achieve the divine one does some work. One is

that there is no free time from the work of earning a living. What work should be done to attain the second God? It is not known. Working to earn a living. It is best to work for the attainment of the divine. But what is the task for attaining God? No one has been able to explain this. Now it seems useless for everyone to sit in meditation for the attainment of the divine. For one, only those who sit in meditation do not believe that meditation will bring the divine. Secondly what other people see him sitting in meditation. So, he says, "Why is sitting idle, such a sitting will not yield anything, do some work-pilgrimage". The person works throughout his life and then also performs pilgrimage. He feels that by doing the pilgrimage, he got divine. But it is here that if you want to get rid of work then do pilgrimage. Because the first condition for a pilgrim is "brahmacharya". Whoever has to go on pilgrimage. He has to follow celibacy. Then there is the second condition, "begging". Food is not to be obtained by working, but by begging. The third condition is "a night's night in one place" and the fourth condition is, "The pilgrimage is to take the whole journey on foot" and the fifth condition is "only two pairs of clothes to keep in your possession". A pilgrim is to be traveled with these conditions. Now even a pilgrim will not do any work. Which makes the pilgrim useless? So, work or do pilgrimage. But don't sit idle. Choose one of the two. If you want to talk about Meditation, then Meditation can be done in work and in pilgrimage. Only have to meditate for one hour. Only one hour of meditation combines a person with God every day. So do meditation for one hour every day.

Ocher (Gairik Cloths) -

Non people become one. Non means those who do not know each other. When they have to bring unity, they are dressed in the same color. So, he is called Garrick. At first it was white,

then black, then yellow, then ocher. Stopped at ocher. Because ocher was easily available. The cloth color was also easily available. And was recognized from a distance. In this way, Garrick has always been non-wearers, who do not recognize each other, and live together wearing Garrick clothes. In this way non-people live as one. The non-society is dressed in non-gairik clothes. The socialists tell the person who is wearing Garrick clothes, not their society, family, personal things, because he is non-existent. That is why there is Garage in Western countries, that which is non-existent, and which is not to be told the secrets of their home, was held in the garage.

Creature-Nature -

As long as you are a creature, as long as you are subject to nature, from the day you become Brahm, nature becomes subject to you. Nature is in the midst of the journey from Jiva to Brahma, only by crossing nature you can become Brahm. To cross through nature, one has to pass through nature. The creature has to do this cultivation himself, because nature constantly changes continuously, in which the earlier rules of cultivation do not work. That is why the creature wants to keep the environment around him according to the ancient rules, because he is unable to believe the New Testament. Therefore, we keep the old rules so that in order for the creature to become Brahm, one has to follow the old rules and the organism then becomes Brahm and establishes the dominion over nature.

Drugs -

Eradication of Om gradually. When a person meditates. In meditation Om slowly starts to enter the person's body and spreads throughout the body. The entire body is filled with Om. This Om is then divine. The whole body is filled with God. This Om is then called Oshadhi. Therefore, one should meditate for

one hour every day and attain the medicine of God like Om.

Temple and Statue -

People come to the temple to ask for something. By bowing his head in front of the idol, he achieves something. This is a common misconception. Which has gradually transformed into hope and faith. Due to which the person has started traveling around the temple for small hopes. And do not know which statues have bowed in front of them. Man, slowly forgot to work hard. Man, no longer believed in his hard work. This belief made man lazy.

Idea -

Idea - We + Four = In conscience, the mind, intellect, mind, ego, someone thinks with these four. Inner meaning is inner ear. These four internal ears tell their respective things. The mind gives intentions Wisdom gives intelligence. Contemplation is done with the mind. The ego indicates the importance of work. Using these four, the person who performs the work is called cogitative.

Patha in Satha -

A man should recite sixty days in a year. A month of thirty days, a woman has five days in thirty days, there are twelve months in a year, five days of every month are merged, a total of sixty days are made. These are sixty days, during these sixty days a man has to remain separate from the woman. So, the man uses these sixty days to recite. A book that has five chapters reads the book for five days, recites one chapter a day. In this way the man spends his sixty days reciting, and in the sathya is called Patha. These are five lessons, composed by Brahmurishi Panini, metal text, sutra text, Unadi text, gana text, Linganusahasnam text.

Alone -

Man cannot live alone. He has to imagine that someone is with me, which is good, true. In this fantasy he sets her up. But in time, such a person becomes a victim of mental illness. Because the person he is with is his imagination. The person he has kept in his imagination, the more he has heard about it, the more he has read. Can and the scope of his imagination remains the same. Now the imagination will come to that which has already been filled. Gradually, the person will become a slave of his own imagination. He would not be able to make any decision without that imagination and that imagination would interrupt him everywhere. That person will get upset while talking to his imagination. Who will the other watchers think he is talking to? He will get the Medal of Psyche. Gradually that imagination will dominate. The person will be in two parts. This is called duality. Devote yourself to Bhagat and your imagination to God. His own existence now would like to separate from that fantasy. But if he imagines the same, then it cannot be different, because if he imagined God then how would he be different from God? Because that imagined God is his strength. So now that imagination will be around the clock. He would like to be separated from Kalpana. Duality will start from here only. Will fight God himself imagined by himself. Will stop believing in imagination and will eventually start doing the same things that imagined God forbade to do. Now his situation will be strange, that dialectical life will disturb him and then he will find ways to immerse his imagination. But imagination is not immersed. Imagination is only Merge. This is how it all happens. Therefore, Advaita is fine. Do not even imagine duality. Actually, we consider God to be all-powerful. It is our belief that the powerful do what is right. So, we imagine God as powerful. This is the biggest illusion. Because that fantasy is ours. It is better than imagined God to do meditation and

provide unity to countless scattered Kalpana. By which all will decide themselves. Will develop themselves. This is the way of spiritual progress.

Silenced -

The way the dew falls with silence. Silence like dew is silence. Dew is the purest. Hence dew is called Osam. The dew keeps falling silently. The fall of dew is also not known. Dew also blows with silence. Dew grass, trees, soil is good for everyone.

Kanthastha - Located in the Throat -

Memorized - Which is located in the throat. Repeating the words over and over again makes the words situated in the throat. Then the sound that comes out of the navel does not allow it to reach the ear. The sound coming out of the navel is not able to reach the inner ears. Because the repeated repetition of words that have been located in the throat, blocks the passage. In this way a person is unable to hear the sound of Brahman rising from the navel. And he who hears the sound rising from the navel. He does not memorize external knowledge. He reads the knowledge outside and takes it into his stomach. And then digests that knowledge. Because even outside knowledge is food. Knowledge also has to be digested. Therefore, instead of repeating the scripture, the scripture should be allowed to go under the throat. Then the object under the throat is digested automatically. And then after digesting that scripture will be pronounced with the throat. That scripture speaks of God. Just as digested food provides energy. In the same way, the digested scripture also provides ooze, fast and energy. Both the hearer and the hearer benefit from knowledge. The digested scripture enters the soul of the digester. Always lives with him Live with births. While the repeated scripture ends with the body itself. Hence, to bring the scripture down

from the throat. First one has to hear the scripture from the guru. Because the ear is receptive. Upon hearing, the scripture goes straight into the navel furnace. And the next day the same lesson is recited to Guru Ji. Listen to the text here. Do not repeat it after listening. And then to be heard tomorrow. Repeating will create layer by layer of text and it will rotate throughout the day. Then the lesson will be found the next day. You will not be able to hear that text. Because the repetition of the first lesson will be so much that the text of the second day will not be heard. Therefore, there should not be repetition. Also, reading a book should not cram the text. Because the eye and tongue work in reading. When we read what is written, then the eye sees and reads the tongue. The person who reads the tongue, hears the ear. Then again and again, repetition occurs, and knowledge of scripture is not attained. So, listen to the scripture from the guru. Tomorrow, let him recite it to the Guru. You will receive the knowledge of scripture that is "knowledge". And "Raso Wai Sasa" is the divine. Therefore, whoever gets the juice of that God. That is the scripture we heard, and digested after listening. So, the essence of scripture. He lives in our head as knowledge. Therefore, in whose head there is knowledge of the divine form of juice. We call him "Sir", honouring him. Therefore, place the knowledge of scripture in your head and respectfully call yourself "Sir".

Mattha Take Kar (Take Care) -

Putting the forehead on the ground Take Care or to put forehead on the ground. Before leaving for Journey, they bow to their elders and gods and goddesses. If you bow before the elders and the gods and goddesses and go on the journey, they take care of you. He lives with you subtly, making your journey a success. Therefore, we should go on the journey only after bowing our foreheads to elders. Keeping the mind connected is the handle.

When the connection breaks within the forehead, then there is pain in the forehead. So, keeping the brain in the forehead is called the handle.

Tension -

When the person walks tanned and says, "I want this now". So, this is called "stress". That is, the person should be tense and say "Bring it now". Or say "I want to see you now !!! come immediately". That is, to stay in the body and say Now-Now, this is stress. Pulling the tan so much that the contact of the body is severed by the insulation. Then the body becomes lifeless like a boat. The body on which everyone sits and cross the river. But the boat kept hitching in the river, this is the tension. To make the body a boat. Stretched in half water, half sunlight. Do not let the tension float, keep the body attached to the conscience. Keep the connection of soul and body strong. Meditate on the divine with the soul, use the perfect nature of your body. Keep the body according to nature, nature takes time. Now or Instant is nothing in nature. Therefore, the soul should have faith in nature and should not remain diligent and should not do Now-Now. In this way, you should stay away from stress.

Depression -

Depression should not occur. If there is depression then there is a way to avoid depression. Light a lamp in a temple, at a tomb, at your house after the sun sets in the evening. Because no one stays at that place at night. And seeing the empty space, any insect-animal etc. will enter and spend the night there. Which will be harmful later. By lighting the lamp, no one will come to that place and the place will be safe. Then wake up every morning in the morning. After being fresh. After doing physical exercise. Do Meditation once. Because Meditation is a Mind Exercise. For example, Physical Exercise keeps the body fit. In

the same way, Meditation Exercise keeps the mind fit. Keep this routine daily. You will stay away from depression by doing Meditation daily and lighting a lamp. And get a healthy mind. Just as the lamp turns the darkness of night into light. And the person lives without fear in the night. In the same way Meditation burns the light of the brain. A person works with a cold mind in times of trouble. When you do meditation, you also face the greatest brain pressure. Does not allow fear to occupy your mind. Because unknown fear is the biggest cause of depression. Therefore, light the lamp and light the darkness of night. Meditation brought light to the mind.

Work - Dham (Pilgrimage) -

Work means household. I have this job, I have that job, I work there, I have work here, I only have work, I don't have time for work, someone work with me, I have work with someone, this work is called householder. Dham (Pilgrimage) i.e. A place to know religion. Religion rests on the deity, the place of the god of religion, the journey of religion starts from Pilgrimage). All religions have their own gods, all these gods have places to live, which are called Dham, When a person's work is not made up of work, So the person to seek help from the deity, Travels to Dham. There are some rules for this pilgrimage, "celibacy" is the first law. That is, whoever needs to go to the abode He has to follow celibacy. Because after eating for a time, have to walk, that requires power, supply of energy does by celibacy. "Begging" is the second law. Begging for food, That too once a day. The third rule is, "One-night stay in one place" The fourth rule is, "The whole journey to pilgrimage is to be done on foot". The fifth rule is, "Only two pairs of clothes to keep close" Travel to pilgrimage with these rules. After traveling to pilgrimage, the person, Once the work is done again, Travels to Dham, In which the person gives thanks to the deity, Donates to charity, So this is

Kama and Dham.

Discussion - Vimarsh Discourse -

Vimarsh - Vim + Arsh = Vim says "sky". So Arsh is called "cleaning". Vimarsh means sky clear. Just like Vimyan. Later, the aircraft took place. Vim means sky and vehicle. Vimayan means the vehicle of the sky. This plane became from Vimayana, because those who came in Vimayana started getting special recognition. So slowly the aircraft became special values. Discussion Vimarsh i.e., sky clear. Only when the sky is clear, a person can discuss. Sometimes, haemorrhoids are also called sky. Wim is sometimes called clean. Both are fine, because the sky is clear, and the sky is clear. One word derived from discourse is "consultation". Supreme means God. Arsh means the sky. God who lives on the sky. The same God is clear. So, the person who is clean on the ground is consulted and consulted. That is, the person who listens clearly, understands and then gives advice without any reason. It should be consulted and consulted by such a person as clear as Akash, that is to say something that is incomprehensible, it is "consultation" and to be explained clearly by someone, it is "consultation".

Trustworthy -

Trustworthy - Trust + Dim = Believers become dim. When someone is trusted. Then his own urge to search becomes dim. Confidence slows down one's body, mind and soul. In worldly works, trust only works. But trust in spiritual life makes a person dim. Like reading a spiritual book. By relying on that book, now we will walk according to this book and attain God. Just this trust makes a person dim. Neither person would read a book. When you do not read, how will it work according to the book? Yes, the book is definitely kept with the person. Even if you read. But it translates the writing in the book according to

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its mind. In this way the person's trust dilutes the person. Because in the spiritual field more effort is required than trust. It is hard to sit in meditation. The more you sit in meditation, the more spirituality progresses. Therefore, trust Meditation, you will never be dim.

Complete -

Sum means to add. When things are added together, then they will be completed automatically. God is perfect. Because God has connected everyone with his yoga.

Defecation -

The first part of the law of yoga is defecation. Both defecation and thinking are the same. When someone goes to defecate, only then does he think. He gets a lot of thinking at the time of defecation. And when we go to the village to defecate, someone is sitting somewhere and someone is sitting somewhere. So, the discussion that takes place at that time, the same discussion is called Guftagu, that is, the discussion done while doing Gu (defecation). And this discussion is very important. So, defecation and thinking and discussion, they are very important in life. Many people, while defecating, think of their entire day's plan. And that plan is also good. And often good plans come in the toilet. That is why people often indulge in defecation. When the dirt comes out of the body. So, the body becomes pure and the mind also pure. Only then may good thoughts come to the person.

Mirror-

Darp means arrogance. Pan means money. A woman sees her face in the mirror, seeing the beauty of her face, ego arises in the woman. The ego grows by looking again and again. Man has arrogance of wealth. The man keeps on increasing his ego by

looking at his wealth again and again. A man keeps gold in his possession as money. The man nourishes his ego with the gold he holds. Therefore, the man sees the form of the woman in gold. Woman enhances her appearance by dressing with gold. The woman looks in her gold-decorated form in the mirror and gets filled with ego. The man keeps blazing his image with money. The man keeps increasing his wealth in his bright image. Because the more money you earn, the more ego will grow. That is why the wife declares her husband's income. It is said to be three times the earnings of the husband. Mirror shows your exact price as money, how much is your correct price. That is why the saying is, "By looking in the mirror, you will know your position" or "The mirror shows everyone its true appearance", so in the earlier times a mirror was hung on the door of the house itself. In which the visitor used to fix his face. Then he used to enter the house. Because by looking at the face, someone was determined to be rich. Wealthy means Sirat. That is, people are identified not with face but with serat (wealth). Sirat means money. Pan means money. That is why it is treated by seeing the face of women and seeing the wealth of men.

Body Scrub -

Ubtan - Bored + tan = When bored with the body, they apply the body scrub. When the body starts to smell, body scrub is applied on the body. Everyone gets bored with their body, a person can change everything, but the body cannot change. So, when a person gets bored with his body, he applies Body Scrub on his body. Due to which he gets his body refreshed.

Myth -

Myth - Me + tired = I am tired. When the person is tired. But he does not want to let anyone know that he is tired. So, the stories that are created to hide fatigue are called myths. Just like

someone is sent to work, you know that it will take so much time in this work, and in and around. But the person who has gone to work comes late. So, the reason he gives for the delayed arrival is the same myth. Because the person who went to work would not accept that he was tired and he rested on the way. Then came here, but that person will tell something of something else and there will be no proof whatsoever. This is just myth. People who create such myths are always in some way of thinking. They keep creating some myth. As if you live sleepily, You keep saying your words, their attention is not on you. A plan to avoid this task is being formed in his mind. After explaining your point fully, you will ask him "What is the work of all?" He would startle out of his mind and say "yes what ???". Then he would pause a little and say, "Yes, I understand" while he has heard the work half-finished. Then he would leave for work. Will be resting all day. The evening will come and tell that "The work is not done", then the story that will be told will be a myth. He has hundreds of such stories. Telling someone a story to everyone, does not tell anyone anything about his fatigue. This is just what he says, "Hey, listen man, hey," this is where his myths begin.

Forehead on the ground -

Yes, it is true that God is the subject of self-realization in India. When you touch someone's feet with your forehead, you place your forehead on the ground and the bottom part of your back bone rises up and your stomach pulls inwards, which awakens your Kundalini and Sahasrara. Leads to Your forehead is filled with Kundalini power and as soon as the forehead touches the earth, you get in touch with the gravitational power of the earth. Thereby exchange of Kundalini Shakti and Gravitational power. The two joins together. The relationship is established in both and there is a

feeling of samadhi. This is called Advaita. The advantage is that All the pain of your body, mind, soul is absorbed into the earth and by the gravity of the earth you get new power. There is freshness in you. Therefore, it was a remedy to worship the feet.

God -

Whose feet are worshiped. They are the same God. In India, older people are considered to be Gods. And their feet are worshiped and blessings are taken. In India, the foot is called God in many places. This known as “Mattha Tekna” as take care.

Generating and Creating -

Things arise. Making things. Both are different. Something arises. Anything is made. So, the thing that arises is of nature. And the thing that is made is that of man. As the tree is produced from the seed, it is natural. And the tree is cut and furniture is made by humans. The importance of what is created is different. The importance of the created thing is different. We do not give much value to what has happened. We say "are made big". We give more value to the things made by humans. And say, "You saw him, I made him. How is it?" Because what is generated, it creates the divine. We tell a million shortcomings of something created by God, discourage it, block its path. We promote what we want to make. In this way we challenge the divine. They try to become the divine by creating another. But was born and made. Everyone knows the difference between the two. The object created by God remains eternal. The object created by man becomes non-existent.

Silence of conscience -

When the conscience dialog becomes stable. So, silence will be achieved. When the mind will not ask for entertainment. The

intellect will not consult. Chitta will not show the picture. The ego will not design the work. Then silence will be available. When there is silence inside, then silence will be outside automatically. Then put "Om" in the middle of the mind. Once "Om" came in the mind, then silence became available automatically.

Scripture -

Individuals move from one place to another using resources in the world. Similarly, in spiritualism, using Spiritual scriptures, they go towards upward movement. The world is the journey of the body. Spirituality is the journey of consciousness. The journey of the body can be recognized. There is no criterion to identify the journey of spirituality. Therefore, in the journey of spirituality, sometimes the achievement of God comes from one formula and sometimes there is nothing special from the whole scripture. Because the vehicles in the journey of spirituality are also our own, the drivers are also themselves, The passengers are also themselves. The journey of spirituality is a journey of stagnation. There is a seating trip in the meditation.

Spokesperson - Listener -

It is often seen that listeners fall asleep during narrative discourse. To keep the audience, awake, the spokesperson should not speak on the subject. Because from the time of the determination of the prescribed topic, the thoughts of the subject begin to run in the conscience of the audience. So, as soon as the spokesperson starts speaking on the subject. In the same way, a separate discourse begins in the conscience of the audience. The listener falls asleep in his own conscience, burdened by the repetition of the subject and is unable to hear the discourse of the spokesperson. Therefore, in order to keep the audience, awake and to make their voice heard, the

spokesperson should discuss other topics. In this way the audience will be well-being. The spokesperson will have to work mentally, intellectually, spiritually for the new subject.

Catharsis -

To tell the story with sobs. One who narrates his story with sobs. It is called Catharsis. To tell a story by crying. It is a catharsis to tell a story by crying. Taking Sobs in Catharsis also brings out tears. And narrating the story also removes the inner feeling. Due to which the person becomes light. That is why it is important to tell your story with weeping sobs.

Devotional and Spiritual -

Being devotional is different, And Being spiritual is different. Devotional you are for your wishes. And Spiritual you are from listening to the voice of God. If your wish is not fulfilled then your Devotion is over. In spirituality, God never leaves you. Because spirituality is an attachment to the divine without any will. Devotion is for the gods. Devotion - Man is devotional to calm the gods. But Spirituality is for Spirit. Sapreet means Everyone who loves. Everyone loves their soul. And the soul receives Spirit from the divine. Only God gives peace to the soul. So, there is a difference in Devotional and Spirituality. Devotion cannot be Spiritual. The spiritual one cannot be Devotional.

Satisfaction -

The saint is identified with satisfaction. The saint's face is filled with satisfaction. Therefore, everyone wants to see the saint. The saint does not regret having followed back. And The saint does not care what to do next. Therefore, the saint remains contented in himself. Satisfaction is seen on the face of Sant.

Nature and illusion –

The things that are created by humans are called illusion.

The things that are created by God are called nature.

--- Brahmachari Prahladanand “Dhyanaacharya”

Man starts considering himself as divine because of his ego. That is why man calls nature as Maya. Whereas man cannot make soil, water, fire, air and sky. It is God who creates them. Man can make a pot from clay. Man can quench thirst by drinking water. Man can cook food on fire. Man can get coolness from the air. Man can fly an airplane in the sky. But man cannot make soil, water, fire, air and sky. This is called nature. Man learns some secrets of nature, grows grains, grows fruits, plants, and many other things. But a human cannot even make a clay particle. The man makes the thing he calls himself, with that thing man becomes fascinated. Man wants to save what he has made. But everything created by humans is perishable. Makes nature divine. Therefore, man is not enamored with nature. Therefore, man uses nature with great disdain. Then whatever human beings create from that nature is called Maya. Nature has created nature; therefore, nature is eternal. Nature is changeable but eternal. Nature recycles itself from itself. But things made by humans are not recycled, and even if they recycle, a lot of time and energy is spent. Like cooking a clay and made a pot. But the cooked pot cannot be made of mud again, and humans should try for it. Only God can make a cooked pitcher soil again. So Maya is what makes a human being. Which is for a short time, then the existence of Maya is lost. Nature is what makes the divine. Nature is eternal like God.

When man says, "This is mine", then it is called Maya. That is, what a man makes, he can call it his own. He will have attachment to that object, this attachment is misconception. But what God creates, a human cannot be called his own. Human

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beings will not have attachment to that thing, this separation is misdeed again. If man has not made the moon, then man will not have attachment to the moon. But if man has made a lamp, then he will have attachment with the lamp. Man will not worry about the moon; man will worry about the lamp. Man is misconception that God has made man and nature different. Actually, man believes that man is different from nature. God has given nature to the human being. I.e., Man believes that God created nature for man's use and man is the master of nature. Whereas the real thing is that human beings are also part of nature. Just as animals, birds, trees, plants, stones are part of nature. But man considers himself different and superior to natural things. Even man considers himself to be the highest of all. This is just the misconception of man. The things that man creates with the help of nature are illusion. Simply, God creates nature. Man is also a part of nature. Man makes things with the help of nature. Those things are illusion. Man becomes enamored with Maya. On the other hand, man considers nature under his control. or He tries his best to subjugate nature. So that man can tell everyone that he is the one who controls the nature. In this way, human being describes himself as the controller of nature, that is, God. Just a man roams on both these ends, sometimes man is in delusion of becoming divine, sometimes man is in fascination with Maya. Man, never considers himself natural. Because nature is naked and nudity is the truth. Therefore, a man who becomes natural, becomes a man naked and starts living in nature. Listens to the sounds of nature. Drinks nature's water. Eats naturally ripe fruits. Therefore, man goes to live in the forest. Because nature is close to the divine and natural things have the feel of God. Man, also becomes natural by living with nature in the forest. Now the fear in man ends. Like nature lives in bliss.

The world is divided into two parts - The first is "nature" created

by God. The second is man-made "Maya". In nature, God does not say that I created nature. Nature has no signature. But man, definitely says that, I have made this, "Ya This is My". So, where it sounds My Ya, that's Maya, and Man makes his signature after making it. By which man wants to show that I have made this. Now if the mind is looking towards nature, then one day God will definitely feel. And if the mind is looking towards Maya, then man will also be deprived of his own consciousness. That is why the sage goes into the relationship of nature in the forest that one day he will have to meet God. He who remains in Maya loses his own existence as well. Because no matter how effective a man-made thing is, one day it ends. The nature of God continues to be constantly and always new. Maya attracts love, that is, "Maaya-Moha". Nature is not enchanted, because man cannot be called nature created by him. God creates fruit. This is nature. Man makes juice. This is illusion. God also places seeds in the fruit. A new fruit is formed from that seed. Man eats the pulp of the fruit. Man throws away the seed. Human body is also made of this pulp. God makes new fruit from seed. But man cannot make new fruit with juice and pulp. This is only God and nature and man and Maya. God also creates seeds within humans. From that seed, a new human being is created. This is the continuous flow of nature. God protects his nature. Man prays to God to protect his created illusion. Man creates his illusion from the resources obtained from nature. Creating Maya by humans is happiness. Sorrow is the breaking of man-made illusion. Bliss is only in nature. Therefore, a man lives with nature for a few moments and experiences bliss. Meditation is the only source of bliss where nature is not available. Therefore, one should get experience of bliss by meditation.

Partha -

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Partha - God + Meaning = One who finds the meaning of God is Partha. He is the one who gets the knowledge of God is the only part.

Aatm-Purush - Soul man -

Aatm-Purush - Soul + Man = Atma Means Atom - At + Om = which is in Om. "Om" means God. One who is full of calorie is a person. The soul is identified as calorie. This calorie remains loaded in the person's body. Due to which this body is called a creature. The calorie resides in the person's body with the sound of "Om". In Meditation, the person hears the echo of this "Om". In this way, a person complemented by the calorie of self is called Atma Purush. That is, a person who is full of calorie obtained from "Om" is called Atmapurush.

Almighty -

Almighty - Serve + Power + Honored = Serve does the one who has the power. The person who possesses power is respected. The one who serves everyone is omnipotent. There is only God, who serves everyone. God gives everything like soil, water, air, trees, plants, fruits, flowers, grains, sea, etc. God Serve to everyone, God has power, God is respected, therefore, God is omnipotent.

Form of soul -

The form that appears when standing in front of a mirror. That is the form of the soul. Then, when looking in one's eyes, the form that appears in the eyes is the form of the soul. Then after closing the eyes, the form of the soul is seen in the mirror of the mind. That is called the form of the soul. Then when life is in trouble and at that time with Prana who is coming out of the body. He is the form of the soul. Then when sitting in meditation, who denies being absorbed in the divine. That is

called the form of the soul. That is, our own form is the form of the soul. Now a man cannot see himself. Because one needs an eye and a mirror to see oneself. Then you have to show your own form. Which is called the form of the soul.

Maaya And Brahm -

This world will engulf you in worldly problems. You will sit in meditation to attain Brahman. This world will make you Brahm for its own desires. Then whatever will be done for the wishes of the other. The same done is called Maya. By considering himself Brahm. Then he will accept the Maya created by himself as true. Man will take this myth again. With the passing of time, all of Maya will disappear. A person who considers himself to be divine will be reunited in the soil when the time comes.

Diamond -

When Diamond is found. Then its own lamp is covered. Diamonds are discovered by lighting a lamp in the dark night of the moon. When the diamond starts to glow, the lamp is covered. And following the sparkle of the diamond, the diamond is reached. And Diamond is obtained. In the same way, as the walk is carried to the station. The train is awaited on the platform. Then when you board the train, then the effort to walk on your own is stopped. Similarly, in Meditation by sitting with eyes closed, the darkness becomes dense. Then in that dense darkness, the divine being is discovered in the light of his spirit lamp. Then when the aura of God starts to appear. Then the lamp of your soul is covered. The lamp is not extinguished. The lamp is covered. And while continuing the meditation, then one reaches the divine with the aura of God. This is to be available to God in Meditation. Therefore, those who attain God. He shaves his head. It is recognized that they have attained the attainment

of Brahman. His mind is absorbed in Brahm. Therefore, one who was attuned to Brahma became a Brahmin. Then only Brahma manages his food. And he is engaged in meditation of Brahma throughout the day. So, they have no wish. There are only requirements. One-time grain and two pairs of clothes in a year. Which he fulfills by begging. Hence, they are called beggars. Desirous of receiving God. Whose desire is only to attain God. He for whom Meditation do. And those who do not live in the society then go to live in the forest. Where they do not require clothes. That is why they live as Nagas. Fulfill your apps with fruit. And sitting in meditation (penance). In this way, when the divine experience begins, then its soul is kept calm. And God is enjoyed by reaching God in the aura of God. Ie When Diamond is spreading his light. Then take your lamp. Just like when the aura of God is being felt, then cover the light of your soul.

Wisdom -

Wise + Dom = Wisdom. A wise person has the power to make Dom (decision). Dom is a Swedish word, which means decision. So, when you gained the power to make decisions is called wisdom.

Recharge -

Recharge - Richa + Arj = Richa says the mantras of Vedas. In which the God is prayed. Arj says prayer. Richa and Arj are done so that both of them get recharged. Become powerful again. That is to pray to God that God makes us powerful again.

Parajit -

Defeated - God + Ajit (Whom no one can win) = God is Ajit, that is, God cannot win.

Prapancha -

Prapancha - Parmatma + Five = This is the Prapancha of the Five of God. God created land, water, fire, air, sky. By combining these five, it became Prapancha, which is called Nature. This is Prapancha and the divine is his sarpanch.

Monotonous –

Dull - Add Neer (Water) + Juice = Water to the juice, then the juice becomes dull again. Neer = water. If juice escapes from the knee, life becomes monotonous. Life becomes monotonous when the knee does not work. So, Journey should be done as long as there is emphasis in Knee. The world should revolve. Because when there is no effort left in Knee's joint, Journey will not be able to do it. They will then say, "There is a lot of pain in the joints, it will not go away from us" because the joint is stressed. That is, strength remains only when connected. So, stay connected with each other, strength remains. And stay connected with God, then what is there to say!!! Meditation is to connect with the divine. Sit in Meditation for only five minutes per day. Connect with the divine and recharge yourself with the emphasis of the divine. Like take Power Nap. Then nothing will be monotonous.

Chemical -

Chemical - deficiency + machine = removing the deficiency of the machine. The way a machine runs with Chemical. Similarly, the body is also a machine. So, the body also runs with Chemical. The science of Chemical is Chemistry. The essence found in various substances is extracted directly. The element is then purified and used. The intensity of the effect of Chemical obtained from them is much faster. Due to this, Chemical works quickly. Similarly, in Ayurveda, herbs are obtained from

ground, stone, water, liquids, gems, minerals and minerals. This juice is called Chemical. Herbs nourish themselves from ground juices. These herbs are then fed by making Tablets-Juice. Due to this, it affects late. But both are chemical. Chemical removes the deficiency of this body-like machine.

Bhu (land) -

Bhu - bh + u = God + arising = originating from God. Hence "bhu" is land. This earth has originated from God; hence it is called Bhoomi.

Tir -

Tir - Rati - "Tir" is inverted "Rati". Floating can be done only when Rati (mating) is not done. Rati play means sexual intercourse. That is why celibacy has so much importance in spirituality. If you leave Rati, then you will go to Tir. Tir means floating. If you included in sexual intercourse, you will not be able to get rid of it. Rati is the name of Kamadeva's wife.

Conscious -

Conscious - Is anyone not looking at us? This is the identity of Conscious people. Their ears are always alert. They listen to the outside as well, and listen to the inside as well. Therefore, if you want to identify the Conscious, then check its ears. Conscious's ears will always get hot.

Prayers -

Prayers - Pray + Years = Lord! We pray you for years. When someone is asked, both hands should be open. When the divine will be filled with all those open hands, then the mind will become peaceful. For example, when drinking water, the thirst quenches. If you drink water from a glass, drink from a bottle, then the thirst will not be quenched, because the water has not

touched the lips. And if you drink with lotus, the thirst will be quenched. And then when you drink water filled with palm, thirst will quench very well. And then when both the palms of the hands are folded together and someone pours water on them, the thirst will be extinguished best. Similarly, if you want to pray to God, then keep the palms of both hands folded and then ask. This prayer is done as soon as it arises in the morning, by joining the palms of both hands on the bed. The two palms are joined together to form the moon. Then by getting off the bed, touching the earth with one hand before setting foot on the earth, the earth is bowed, then the day's actions begin. In this way, one can pray to God for years. Which is called Prayer. God will put everything on open hands, then the mind will not be disturbed. So, pray. For yourself and for everyone.

Devotion -

Saying about God. To praise God. To speak of the glory of God. This is devotion.

Tree (Vriksh) -

Tree - The tree on which the bear sticks. That tree is called Vriksh. The tree from which the wish comes true. That tree is called Vriksh. By orbiting the tree. The tree to which the thread is tied. Then the wish of getting a groom from that tree is sought. That tree is called Vriksh. Such as Peepal Vriksh, Bad Vriksh, Amla tree Vriksh etc. Or Vriksh of Fur. Which is called Christmas Tree. Boon says power, strength, power. The power of God is called boon. When God gives boon, then power will come. The specialty of Vriksh is to add water to Vriksh. Water means H₂O. So, the tree keeps Hydrogen, and Oxygen returns to us. Vriksh is a natural means of removing oxygen from water. Oxygen is power. Which the divine bestows on all beings through Vriksh.

Ego -

Ego - Important + Work = Ego. Every work I do tells me the important work. That "this work is very important to me". By adding i to the task, the task then turns into ego. This important function then demonstrates the ego of the person.

Illiterate -

Illiterate - One who does not read "A" is illiterate. The illiterate does not read "A, B, C, D, E". A person who reads food is illiterate. Which work will get food? The illiterate has great knowledge of food. The illiterate always takes care. Who Eats What? Who eats so much? The illiterate always takes possession of person-bird-animal with food. There is a special thing about illiterate. That the illiterate does not eat at anyone. The illiterate always invites everyone to dine here. That "You come here to me, have dinner together, things will continue to happen". Food is the biggest weakness of a person. If we do not eat food, the person becomes weak. If you eat food, the choice of food becomes its weakness. So, the illiterate feeds on the weakness of the person by feeding him. That he likes it, this he dislikes it. Only the illiterate has this same study. The illiterate's memory is more than the educated. Because books keep wandering in the minds of the educated. And fills the mind. Which makes the mind cumbersome? And gets entangled in fantasies. Meditation clears this stuffed mind. It makes the mind aware of its fantasies and realizes it. Therefore, if you want to use the learned knowledge correctly, do Meditation.

Desire -

Willingness to dominate each May I overwhelm each one's heart. May I be absorbed in everyone's heart. It is in my wish that I become famous all over the world.

Vox arise in the mind -

The vox that arise in the mind, come out through the throat and the tongue, then someone writes them down, someone hired a writer to write them. As Meera used to sing, Meera's maid used to write. Because when the vox started coming out and we went to write them the vox stream would break. Therefore, someone is hired to write vox emanating from the mind. But some one writes on their own. Those who create poetry themselves also write self-composed. But poetry is not composed by anyone. Poetry is the vox of the mind. As the vox of Brahmishi Valmiki's mind came out and Ramayana the epic written. So, let the vox of mind come out and hire someone to write it. Be composed in this way. But the vox can come out of the mind at any time. In the morning, in the midnight, in the midday. Sometimes the years pass, but the vox does not come out of the mind, sometimes the years come out, vox do not stop. How many of vox remain un-written.

Experience -

Experience - $\text{Ex} + \text{generations} + \text{fraction} = \text{Ex}$ is the fraction of generations, so is Experience. One man said "I have a lot of experience" The other man asked "How did you experience? You are still young". The man said "In my body, in my conscience, in my soul, my Ex is part of generations, so I have Experience". The person has experience of generations since he has no idea. Indians enjoy the same experience. Generations tell their point. The older generation narrates stories of the present generation to themselves, and the generations of their ancestors. Similarly, education is adopted from generation to generation. This education is recited from generation to generation. Earlier everyone used to have a chair in the house. Which was made of wood and rope. The agony of his heart was heard sitting on the same chair. Which used to give experience to the next

generation. "Hey! It used to happen in our time, it was done like this, it was like this, it was like rain, the first milk of cow is offered to the village god" Used to say and listen. This is only part of the Ex-generation, i.e., Experience.

Three days or seventy-two hours -

Three days or seventy-two hours are of great importance. The Kaaba had three hundred and sixty temples. Every day a temple was worshiped. Each day had a different deity. Earth has 360 degrees. A degree is completed in one day. In three hundred and sixty days, the Earth revolves around the Sun. Similarly, by worshiping a temple every day, a circumambulation of the sun was completed. The Kaaba was a symbol of the Sun. On worshipping for three hours each day, there were one thousand eighty hours of worship in three hundred and sixty days. In which after removing the worship of seventy-two hours, it is worshiped for one thousand eight hours. Which gives him the title of Shri 1008. In seventy-two hours, the worship of the three main deities continued for three consecutive days. Through which the person used to get heaven. Used to enjoy Apsaras (Hurons) in heaven. Each day, instead of three hours, the person held three days of worship. Which he does day and night. Worship for the attainment of heaven for seventy-two hours. So anywhere satsang conferences are held for three days only. The ashram has a stay for three days. Yogis perform a three-day samadhi. If a person is given three days apart from his daily routine and food, then there is a change in the man. Nachiketa stayed in meditation for three days. Due to which he also got the pleasure of heaven. For three consecutive days, a person sits in a posture and performs meditation. He definitely gets heaven. Nanak stayed in meditation for three days. These three days i.e., seventy-two hours are very important. These are three days - Dhanteras, Kali Chaudas, Deepawali. This is achieved by doing

spiritual practice in the same posture for seventy-two hours continuously for three days. Because in seventy-two hours three types of nature sattva, rajas, tamas cease. And the eternal pure Buddha becomes Brahman. These seventy-two hours are very important. Therefore seventy-two-hour details of any event are sought. Or seventy-two hours of Ultimatum is given.

Man Machine -

The man made the machine and increased his strength with the strength of the machine. Now man thinks that everyone should be made a machine. Everyone should be controlled like a machine. Again, Be it human or animal or tree or plant or stone. The person feels that with the power of the machine he can control everyone. Therefore, this man has spent one and a half to two hundred years with the machine. Now machines are also responding. New machines are constantly being invented. Man thinks that when the machines are no more, his strength will decrease. Therefore, it makes machines powerful to maintain their strength. Her own strength is becoming weaker due to frequent use of machines. Whereas man has forgotten that man gets his strength from religion. Now governments in the world become stronger with the use of machines, but the people of the country are not able to use machines as much as governments do because the government is not given the right to use machines by making government rules. With the rights given to the public to use the machine, the people cannot become powerful nor can they become part of the politics. The public gets strength from religion, through religion the people live in a group. Religion is not used but followed religion. Religion empowers man to work without a machine. Man remains powerful by following religion. There is not much cost for following religion. Religion has always been the same. The rules of religion have been there for centuries. The rules of

religion do not change. Religion gives solidarity. Religion makes a person strong. But governments do not want to give strength to humans. Therefore, the government first attacks religion and puts religion and religious activities under government permission. Governments try to show the public that see religion is also subject to us. If the government gives permission, then people can do religious activities, otherwise religion will be called hypocrisy. So, in this way governments control religion and keep people under control. Therefore, the kings did the religious leaders in their favor by giving them great facilities and money and thus the kings controlled the religion and kept the general public away from the religion. So that the general public does not become powerful and the king rules without worrying, that is, the king continues to do anything. It will be considered that the word of the king was considered to be God and the people cannot revolt due to weakness. Whereas religion is a different process. Religion is for the progress of man. Religion is and always will be. Religion is never erased. Religious sites are built at religious places. No other thing can be made at a religious place because science will never understand religion. Today all machines run with religion. First the machine is worshiped, then later the machine is used. The first factory is worshiped. That is, Ribbon is harvested during the Inauguration of the Factory. Then the work starts. Where is religion? There is religion everywhere. Dharma means the right use and preservation of the thing found by God. Religion is another name for secularism. Religion where all humans are, secularism where all humans are. Support each other.

Man's taste -

Man has grieved all the other creatures of the earth for his taste and pleasure. The sky was also disturbed. There was so much

smoke on the sky every day. All animals, animals, birds, trees, plants, mountains, rivers all went to the earth. Earth was also very upset with humans. Humans had even hollowed out the earth. Prithvi told the blood-sucking bats hanging upside down that "now you can save all creatures and teach these humans a lesson". The bats then completed their work and the earth became clean. All animals, birds, trees, plants, mountains, rivers, skies are happy. Therefore, we should pray to the earth to protect us. We will not pollute the earth again. Humans should make such atonement. The Earth cares for us so much and we do not care for the Earth itself. All humans got a lesson in the period of Corona that the controller of the earth is not a human being. Earth has recycled itself during the period of this corona and made it habitable for humans again. Therefore, the earth should be thanked.

Ideologies of the world -

There are four types of ideology in the world.

1. Omnivorous,
2. Non-vegetarian and Vegetarian,
3. non-vegetarian,
4. Vegetarian.

Due to these four types of ideologies, the human being of the world still works by being influenced. Even today, whenever a wise person wants to know the ideology of a person, first of all, that wise person will invite food to that new person. With that new person's food, that intelligent person will know his ideology. Even today the world operates on this basis. But now everything is mixed. Therefore, nowadays a person's mind is unable to follow an ideology and the person is disgusted and disorganized due to mental changes due to the change of food. He does not mind in one of his works. Because almost all food ingredients are mixed nowadays. Therefore, the person is

physically and mentally disturbed. Because the person has to change the food to maintain his relations in the society. The vegetarian then also eats the meat. The non-vegetarian then also eats vegetarian. Then they also become Omnivorous. In this way food fluctuates in the physical, mental and intellectual capacity of the person. Due to which the person becomes a victim of diseases like high blood pressure, diabetes etc. So nowadays, intelligent people follow a diet plan. Due to which the physical, mental and intellectual level remains equal and healthy.

Religions of the world -

The world's religions are based on two ideologies. One ideology of non-vegetarians and the other ideology of vegetarians. Religion arising out of the ideology of non-vegetarians is Jewish, Christian, Zoroastrian, Islam, Tao, Shaolin, Shinto. The religion arising out of the vegetarianism ideology is Vedic, Hindu, Buddhist, Jain, Sikh. No religion arose from those who were Omnivorous. Tantric learning is prevalent among all the devotees of Omnivorous. Omnivorous people include Chinese, Mongolian, Red Indian, African, Omnibus people of India. At the same time, all people of Omnivorous do not believe in any religion. Therefore, the omnivores are called atheists. Being an Omnivorous, their tantric science spread throughout the world. Religions of non-vegetarians also spread throughout the world. But the religion of vegetarians could not spread in the world. The religion of vegetarians remained limited in the state. Yes, the vegetarians who later became non-vegetarians, their religions spread throughout the world like Buddhism, Sikh. The influence of non-vegetarian and vegetarianism is on the religion of non-vegetarians and vegetarians. In the early times all were Omnivorous. But later on, non-vegetarians and vegetarians got

divided. Non-vegetarians put tantric methods as non-vegetarian in the law of worship. But vegetarians started using vegetarian items instead of non-vegetarian. Such is the most disputed sacrificial practice. So non-vegetarians still offer animal sacrifices, but vegetarians sacrifice pumpkin instead of animal. In the same way, the minds of non-vegetarians and vegetarians are different and do not match. But nowadays vegetarianism has remained a nominal one and almost all have become non-vegetarian. Which are moving around the world. Almost everyone has also become an omnivorous, so the practice of tantric learning has increased and religious activities have reduced. Today's tantric learning is now known as paranormal science. Which is a name given by educated people. But the same thing is centuries old. Which Tantric Baba used to do earlier. That is, the world is now returning to its initial state. Where the omnivorous people lived without any social rules. That is, in the coming time, society, religion, morality will all get lost and the person will not accept any kind of bonding. And will go towards the Tantric system to fulfill his wishes as soon as possible. Therefore, there will be a glut of Tantric in cities and villages and religion and morality will be lost. Because the person would like to win by adopting any manipulation. So now vegetarianism and non-vegetarianism will not matter. The person will eat anything to live. And atheism will increase. And whatever theism shows, it will be fraud. Therefore, the only way to avoid all this is meditation. Therefore, meditate and keep body, mind and soul connected with God. Being connected with God is yoga.

Sacrifice -

Abandonment - fixed + fire = when it is decided that it is to descend into fire. Sati decided and Sati descended into the fiery fire of the yagna. Holika fixed and Holika sat in a fiery fire. Sita

decided and Sita sat the ordeal. Padmavati fixed and descended into fiery Jauhar. The queen of Jhansi decided and the monk descended into the fire of Gangadas's hut. The man talks about renunciation. But it is unable to decide to get into the fire. And when it is the turn of the man to enter the fire, the man runs away. The fascination of the male body can never be abandoned. That is why man chose yoga to keep his body strong. Yoga and renunciation have no connection. Yoga makes the man more dependent with the body, because the man has saved the body by doing yoga and he has no memory of the soul. Whenever it comes to renunciation. The man will talk big about renunciation. But he could not decide whether to get into the fire or not.

Siberia -

Siberia was not as desolate and icy as it is today. Siberia was also full of lush green rivers. But due to the formation of the Mediterranean Sea and the Caspian Sea, Siberia moved towards the northern fog. People living in Siberia then settled in Russia, Iran, Iraq and Europe and China and Japan. Iran was the first Aryan country. Later it became the country of Zoroastrians. Those who came from Siberia were called Zoroastrian because they came from Pars. Jews lived in Iraq. The Zoroastrian of Siberia came to dominate Iran. So, the Aryans of Iran came to India and Siberian people started living as Zoroastrian in Iran. The Jews of Iraq also came to India, because these Siberians did not allow the Jews to live. At that time in India, there were only forest dwellers living in Dravid and forest in the south. Because the Himalayas were not there before the formation of the Mediterranean Sea. At that time Man Sarovar was a vast freshwater sea. But in the middle of Europe and Asia, the Mediterranean Sea formed and the Himalayas formed here. The Jews who came to live in India. Later, those Jews built large

forts, palaces, pastures etc. in India and Aryans also lived with them. The Aryans came from Iran to adopt India by doing business and animal husbandry. Then when Islam attacked Iran, the Zoroastrian came to India and found refuge and started living there. These Zoroastrian used to trade mainly. These Zoroastrian were originally Siberian. That is why he still has a relationship with the Siberian living in Russia. Even today they are adopting from Russia. The Zoroastrian who came to India from Iran brought with them fire worship. Which was later spread in India by making Havan and Yajna. Havan and Yajna are not the gift of India. After this, Islam spread in Arabia, even people from Arabia came to India and took shelter. The people coming from Arabia were idolaters. Earlier idol worship was done in Arabia. Idol worshipers from Arabia started idol worship in India. Built temples and established idols here. All the temples in India are twelve or thirteen hundred years old. There was no idol worship before in India. There is only one example of Eklavya in the form of idol worship. Fed up with the monarchical system in Europe, people from many countries of Europe started seeking refuge in India and other countries. This time lasted for a long time. Then they started searching for India and found America, then everybody started settling in America, because people want an atmosphere of freedom and freedom, which was in India earlier. Now got the same freedom in America. But now there is a disturbance in America too, so now people want to settle on the moon and Mars. There was no idol worship in India. Idol worship temples in India came from Arabia. Puranas and mythology brought Romans to India. Havans and yagyas brought Zoroastrian to India. Vedas, agriculture, animal husbandry brought Iranian and Iraqi to India. Jews brought trade to India. At that time there was only meditation in India. Which was done in the morning after bath. Later, when the Jews arrived, the mediation of the

Jews began to be seen for three times. Which is called Trikal Sandhya. In the rest of India at that time, all were relaxed and relaxed. So everyone wanted to come to India.

Man, and Sky and Land -

The man wants to fly in the sky, but the ground merges with himself. Now the contact between man and land is over. At first, he used to play with his feet in the dust of the ground. But now everyone is wearing shoes and slippers at all times. The feet remain on the floor; the human dust has become like allergies. But the irony is that finally it has to be mixed in this soil. Yet man does not step on the soil. So walk barefoot on the ground for some time. Gravity from the ground came into contact with the soles of the feet. So that the body gets the force of gravity of the ground. So first the temple used to walk barefoot and the temple compound was clay. Temples compound is called "Prangan". Prana resides in the soul, so it is called a prangan. So the force of gravity of the earth is found only when bare feet walk on the ground. This is called human being connected to the ground.

Religion and Culture -

Religion is eternal. Religion does not change. Culture is variable. Culture varies. Connection of religion and culture only creates problems. Somewhere they want to run a culture according to religion. Some want to run a religion according to the culture. Somewhere they want to run both together. Religion is permanent; therefore, religion cannot change. Culture is temporary so culture can be changed. Religion is that Molly is tied on the left wrist of the woman and on the right wrist of the man. It is irreversible. But earlier both wore dhoti, now they wear pant-shirt. This is the culture, which has changed from dhoti to pant-shirt. Because religion is related to God. Culture is

associated with Maya. God has created religion. Man has created culture. Therefore, it should not be understood by changing culture that religion also changes. Religion is the same today, which was millions of years ago. Therefore, one should not worry about religion. And the stress of changing culture should not be taken. Yesterday he spoke Sanskrit, then started speaking Persian, then started speaking Urdu, then started speaking English, now he speaks Hindustani. Clothing, colloquialism, catering, getting up and sitting. This is all culture. This will definitely change. But worship, prayer, havan-yajna, story-telling, meditation, meditation, this is religion. It does not change. Religion is eternal. True, both are sophisticated and the combination of both can also provide solutions. But the person is not able to decide what religion is? what is culture? This is where the confusion lies. Culture is understood as religion, culture is understood as religion. If both remain in their respective places, there will be no tension and struggle. Here it is said that this is the identity of religion, that religion does not change and the identity of culture, that culture changes. So, recognizing both will not cause tension and conflict. Conflict is not due to religion; conflict is due to culture. One who insists on following culture as a religion. One should understand that culture is according to the country. The culture of each country varies according to the climate of that country. That is why it is said, "As the country disguises". But religion is not according to the country. Religion is the same in all countries. Yes, gods and goddesses can change, but the method of worship does not change. Whether to light a lamp or light a candle. The only thing is, worship the deity and need light. Now that light comes from the sun, comes from the moon, comes from the lamp, comes from the fire, comes from the candle. Just the darkness in life, which is depression, should be overcome. So, religion is eternal and culture is variable. Yes, religion is for

everyone and spirituality is personal. Religion does not create secrecy. When culture is considered a religion and culture is made compulsory, then culture creates monopoly. When man does not have a lot of time and cannot do spiritual practice in person then religion is the means for the human group to pray to God. Religion is to help a group of humans. The way prayer in the school is collective because each student will have to pray one by one, it will take too much time and other students will have to wait. Hence religion is a symbol of collectively. Yes, it is spirituality when a person wants to renounce collectively and separate from the individual and practice. Religion is for the person responsible for family and society. There is spirituality for one who has renounced the responsibility of family and society. Spirituality is the individual's personal development. Religion is for the benefit of a group of individuals.

Fast -

Fasting makes a person different from each other. If there is no fast then there will be no difference. Those who do not fast, remain in unity. Fasting gives the impression of high and low. One who fasts, considers himself to be exalted, one who does not fast, is made to feel inferior. Fasting brings changes in a person, if someone fasts, he is worshiped like the deities, if he does not do any fast, then even humans are not considered. Fasting differs in the person, creating a high and low atmosphere in the person. Then from here the division begins, both the fasting and the non-fasting ones are separated. High place is given to the fasting person and no place is given to those who do not fast. So, stay fast and be a human being. On fasting, you will become a deity, worshiped. Hence, a fast is observed to attain highness.

Mahabharata -

“Dhyanaacharya” Brahmachari Prahladanand

Complete Analysis - What? Why? how?

Mahabharata had already started in heaven. In fact, Mahabharata is the war of Maneka, Urvashi and Ganga. Urvashi was most loved to Indra among all the Apsaras of heaven. Urvashi took advantage of this and after asking Indra, he sent Maneka to break the penance of Brahmurishi Vishwamitra. This would have made Maneka Vishwamitra's curse. other side Tension was going on between Brahmurishi Vishwamitra and Brahmurishi Vashistha. Brahmurishi Vishwamitra was doing penance for the attainment of brahm force. Brahmurishi Vishwamitra had to defeat Brahmurishi Vashistha by the force of brahmacharya obtained by penance. Because Brahmurishi Vashistha was the son of Urvashi and Varuna-friend. Austerity was not disturbed, in which Shakuntala was born to Maneka and Brahmurishi Vishwamitra. Shakuntala and Dushyant get married. Shakuntala became the queen. Shantanu became king in Dushyant's dynasty. Maneka and Ganga were friends. Ganga assisted Maneka and then Ganga gave birth to Bhishma from Shantanu. Thence Urvashi's son Brahmurishi Vasishta, Brahmurishi Shakti became the son of Brahmurishi Vashistha, Brahmurishi Parashar became the son of Brahmurishi Shakti, Brahmurishi Vyas, son of Brahmurishi Parashar Dhritarashtra, Pandu and Vidur were sons of Brahmurishi Vyas. But this was nothing before Ganga's son Bhishma. Then at the behest of Urvashi, Indra again conspired and Yudhishtira through Kunti to Dharmaraja, Bhima by air. Indra himself gave birth to Arjuna. Also made Nakula and Sahadeva by Ashwini Kumar from Madri. Made Brahmurishi Durvasa an ally in this. And here Dhritarashtra and Gandhari had hundred sons including Duryodhana and Dushasana. Now Here comes the role of Karna. Karna is Suryavanshi, being the son of Surya and Kunti. And when Indra was expelled from the heaven by the conspiracy of Urvashi. In this also made

“Dhyanaacharya” Brahmachari Prahladanand

Brahmrishi Durvasa an ally. Suryavanshi Bhagiratha gave shelter to Ganga and Ganga also wired sixty thousand sons of King Sagar, ancestor of Suryavanshi. It was not formed in Indra and Surya. Therefore, Karna favored Ganga and Gangaputra was in favor of Bhishma. Duryodhana felt Karna was in my favor. But Karna was in opposition with Indra's son Arjuna. Duryodhana kept thinking all the time that the war was being fought in his favor. But the war was taking place between Maneka-Ganga and Urvashi. Now Urvashi won in it because who was with Indra. Indra put all his efforts to win the war. Indra did not want to annoy Urvashi. On one hand, Arjuna was the son of Indra. On the other hand, Arjuna also had a relationship with Urvashi, being a descendant of Pururava. So when Urvashi and Arjuna met in heaven, Arjuna promised that he would definitely win the war.

Coverage -

Coverage - Cover + Age = Everyone wants to cover Age. One covers white hair with black color. So, someone gets a fake tooth. Someone covers the wrinkles. Someone twists the mustache. Someone puts lenses instead of glasses. Some do exercise, some do yoga-asana-pranayama. Everyone does something, so that their age does not know how much our age is? The second cover acts as a shield. That stops our growing age. But age is increasing continuously. Who has stopped Age? No matter how much you cover, but Age never stops. Age is constantly increasing. Whereas we remain in misguide that we have covered Age. Who has stopped growing old?

Leakage -

Leakage - Leak + Age = Man can stop all types of Leakage. But Age's Leakage cannot be stopped. There is only one age in the world, which is running on leaks, and no one can stop this

leakage of age. No matter how much one tries. No matter how much the man says that he does not follow the rut. But everyone has to follow the rut of age. Everyone has an Age Leak, no one can stop Proofing this Leakage.

To Erupt -

It is not to be changed, to be erupted, just as the seeds go into the ground and get burnt by the heat of the soil, sprouts, trees, plants are made, in the same way a disciple is formed in the Guru's womb, whatever seed of the disciple. Is, whether it is mango, whether it is acacia, it sprouts, grows, blossoms, flourishes, attains its peak position. Change is a condition contrary to nature. Change is a feeling of revenge. Because bad is hidden in it, bad means bad. Lav means to bring. When someone is brought in a bad situation, it is called a change. Whereas the Guru does not bring change. The master teaches how to achieve spirituality. That is, the soul who imparts knowledge of achievement is a guru. That is, even in the filth of feces, the disciple makes the soul aware. Guru gives knowledge, knowledge has no value. Knowledge is invaluable. All that is there is to impart self-knowledge acquired by the Guru to the next generation. This is the tradition, this is eternal. To be a conductor of knowledge, to acquire knowledge and to provide it to the disciples. There is no change here; what is here is to be accepted as it is. Because the change happens at the physical level. The soul is always without change. So do not change, as it is to achieve your perfection.

Wow Wonder (Whirlwind) -

Wow Wonder - fifty-two + fear = fifty-two weeks in a year. How will this fifty-two-week pass? Everyone has this fear. Everyone thinks that this year has passed, how will the future year be spent? The fear of this fifty-two weeks is a whirlwind. Which

completes this tornado well? So, people are surprised and say, "Wow!!! Wonderful!!! You have completed it." Wonder ". So, when people complete this tornado, they celebrate. People call it the Celebration of the New Year. While the year has passed well, it is a celebration of the joy of the year gone by. So, all the remaining food and water are consumed in this happiness. Then they start gathering resources for the fifty-two weeks of the coming year. This is the whirlwind. Everyone wants to avoid this whirlwind. But the fear of fifty-two weeks No one can escape. The only solution is to arrange for fifty-two weeks. Conquer the fear of fifty-two. Create a wonder, be wonderful. Do not spread the whirlwind fear of fifty-two.

Alphabet (Varanmala) -

Alphabet - Varna + Mala = One should practice Varna (Alphabet) and Mala daily. A person, who is speaking or writing any language, should practice the letters of his language daily. Characters like "A" to "Z". Similarly, one should chant at least one garland of "Guru Mantra" received from Shri Gurudev Ji Maharaj daily. The practice of alphabet preserves education and learning. By chanting the garland of Guru Mantra, one's own spiritual development takes place. Therefore, it should be mandatory to practice the alphabet daily.

Monday -

Chandravanshi worship moon on Monday. That is why we leave on Mondays. There is a temple of Somnath in Gujarat, here used to be a holiday on the first Monday in entire Gujarat. Even today, Gujarati have a holiday on Monday.

Tuesday -

Those whose mind becomes tainted, i.e., those who are mentally under stress, become mentally debilitated, they take

leave on Tuesday. Therefore, we use tea to make the mind strong. Drinking tea produces energy in the mind, the mind starts working. That's why mental therapists do the treatment only on Tuesday.

Wednesday -

Those who believe in the God of wisdom, Ganesha, keep a holiday on Wednesday. So, Maharashtra used to have a holiday on the first Wednesday, even today Maharashtrians do not work on Wednesday.

Thursday -

Those who follow their guru, they take leave on Thursday.

Friday -

Those who observe Shukracharya, and do not sacrifice, take leave on Friday.

Saturday -

Jews consider Saturn, therefore, a holiday on Saturday. Jews ask for oil on Saturday. Burning oil lamps removes the darkness of Saturn's night. Jews pray to God Day and night on Saturday.

Sunday -

The British believe Sunday, because it is the day of the Sun, because they are Suryavanshi, so they leave Sunday. That's why the British in Ayodhya Worshipped the temple of Shri Ram Ji. They are British, that is, fasting is their faith, what is the fast? Do not back down from what you once accepted. That is, do not break the promise given once. This is it, "Raghukul rituals always came and go, but the promise did not go." "Vraten" means the people living in the vow. Fasting i.e., the word - those who keep their word, take the same fast, until they obey the

word, so they do not eat food, because eating food changes the mind, so the fast is on the same day.

Self-Value -

Give yourself a sense. As long as you give yourself a sense. Till then others also give you a sense. As long as you respect yourself. Others also respect you. From the day you left yourself free, people will say the same "Hey! He gets in free. Why give him a price". If you get Brahman knowledge even in free, then people ignore Brahman too. That is getting in free, where will it go? Will take it later. When people ask "You are free, then I come". This means that they do not give you a price. They want to get you working in Free. Or he is free and wants to pass time with gossip on you. So, give yourself value. Keep yourself Valuable. Your life will pass naturally. That's why celebrities have great prices. These are the nature of celebrity. Celebrities value themselves. Celebrities charge price from people. Therefore, have the nature of giving value to yourself. Live a natural life with your own value.

Story -

When a person gets tired after working hard. But he still has to work. Then the energy he gets to work. It is the power of God. That is why man says, "Hey! I was so tired. I didn't have the strength to work. That is why I took the name of Hanumanji. Don't know from where strength came in me. And I did it". And this is how humans tell the story of God.

Soreness -

When a man spends here and there. Tells him to everyone. Had spent so much in it here. He spent that much there. The man goes on talking about the expenses he has incurred, "tell me, how much I spent there. Everyone knows. I spent all my hands

openly". In this way, a man tells the pain of his expenditure to everyone.

Whole world -

Does the world ever fill up? Fill the world as much as possible, but the world remains empty. No one can fill the world. The world cannot be filled. The world is empty, because the world consumes everyone. The world digests everything.

Progress -

Progress - Pray + Speed = Just like having "wings" leads to speed. In the same way, praying leads to speed. So, if one wants to progress in life, then one should pray. Should pray This will speed up life and progress in life.

Hunger -

Everyone feels hungry. All venture to make a living. From some body. With any mind. Someone with intelligence. Someone with a mind. Someone with arrogance. Someone with life. From some soul. By nature, Someone from God. All the creatures are engaged to satisfy their hunger by filling the stomach to keep themselves alive. Through yoga, the body gets physical, mental, spiritual strength to earn its living. If the poor do yoga regularly for one hour every day. The working capacity of the poor will increase in a year. The poor should do yoga daily. Because yoga provides health. So that his money is spent in illness. That money will be saved. Hunger is always present. The hard work is done to fill the stomach. Yoga helps in that.

Chanting "Om" -

Do not chant "Om". You have to meditate. Do not meditate "Om" even in meditation. Just sitting on a chair or couch. Close your eyes. You have to sit comfortably without moving. One

minute a month every day. Sit up till then. Then tell me after a month. But keep in mind in the morning. Before having tea and breakfast. You can meditate and have breakfast. But have to sit for one minute every day. Sit down with a one-minute alarm on the mobile. One minute later the alarm will wake up, but do not chant any kind.

Earth has been updated -

Earth has updated itself. Now the question of Global Warming will not arise. Everyone knows where the problem was. Earth has solved the problem of this environment by itself. Therefore, man should bow to the earth because the earth has recycled itself and has again provided a clean environment for humans to live. Now man can live in cleanliness on this earth for a long time. Clean air, pure water, pure soil, clear sky, pure fire is now available. So, bow down to the earth! Because we eat the grain of the earth, drink water, cook the fire, do the airing, live in the sky. Earth is ductile for us. ... We bow to the earth.

Thoughts and minds -

Thoughts are born in the mind. The mind is made up of food. Eating one type of grain will make one type of mind. By having one type of mind, only one type of thoughts will arise in the mind. Hence it is said, "Aahar Shuddha Satvashuddhi:, Sattva-Shuddha Dhruva Smriti:, Smrithalambhe Sarvagranthinam Vipramoksha:" So if you want to live in one type of thought then eat only one kind of grain. Eating different types of food will produce different types of thoughts. The mind will be distracted, the mind will be deranged. Ego will surround humans. Due to which his life will start falling apart. He will lose the soul on the death and will go into nature. Nature will then lead him astray into eighty-four million lives. So, take a kind of grain, stay in one type of thought.

“Dhyanaacharya” Brahmachari Prahladanand

Mind-To-Ego (Antah-Karan) -

Served with mind.

Business is done with intelligence.

Politics is done with Chitta.

The eccentric act is done.

Abstract -

The taste of the grain is in the juice. In the same way, the essence of anything is delicious. Man, only wants to hear and read the essence. That's why it says, "Who listened to the whole story!!! Just tell the essence". Then God is also "Rasau Vai Sasa". Therefore, the essence must be heard. The juice should be eaten. This is the essence of life.

Curiosity -

Yes, the mind. The mind only wants to listen to knowledge. Curiosity is the mind that wants to see knowledge. There is a bit of a panic. The person's mind wants to see what happened? This is curiosity.

Curious -

Listening to the knowledge of the mind - Everyone wants to listen to wisdom. Everyone's mind wants to listen to knowledge. Now this knowledge can also be a little bit. The soul can have knowledge. Or listen to someone's mind. Or it may be to listen to someone's talk by putting an ear to someone's door. The only thing is that the mind wants me to hear about it. That's why people want to listen to the sermons. Because people want to hear some kind of knowledge. That is, Zee's hope is that Zee wants to listen to knowledge. Therefore, the mind is inquisitive.

To prove the worldly things with spirituality -

Achieving the attainment of worldly things by spirituality. The

idea is good. But when there are bodies, senses, consciences for attaining worldly attainments, then why use life, soul and Brahma? Discussion of spirituality i.e., Brahma and Atma. Till now let's use the gods and goddesses. Will Brahm also be made a means to achieve success in worldly works? But there is no mantra to subdue Brahm. Because Brahma's mantra is OM, will U be used as a means to fulfill worldly desires? Spirituality is the last destination, there is nothing ahead of it. So how can spirituality become a medium to achieve some kind of success? How can spirituality be made a medium? Whereas nothing is ahead of spirituality? Everything is complete in spirituality. Spirituality is feasible, how can spirituality be made a means?

Fear -

Fear is more of the unknown and the invisible. At the time it is known, fear will disappear at that time. Therefore, one should become known and visible. So that there is no fear of the unknown and the invisible.

From Samadhi to Ahimsa -

Samadhi takes place when you forgive everyone with your righteousness. Meditation takes place after samadhi, meditation is the voice of God. Your perception is formed by meditation. That is, you wear religion. Dharana takes you into pratyahar, that is, everything becomes your diet. Pratyahara takes you into pranayama, that is, your life gets strength. You can do asanas with pranayama, that is, by doing pranayama you can do asanas easily. Asanas take you to Niyama, that is, you follow the rule. The rules are five - defecation, contentment, austerity, self-education, God providence. You do self-study by being God-ordained. Swadhyaya has been called austerity. Satisfaction comes from meditation. Contentment brings cleanliness. By following the rule, you start following Yama

automatically. Yama is also five - Ahimsa, Satya, Asteya, Brahmacharya, Aparigraha. Cleanliness brings unforgiveness. Aparigraha means do not keep an eye on the other woman and do not keep an eye on the other's house. Brahmacharya comes after becoming imperceptible. Asthaya comes after celibacy. Truth comes after Asthe. Ahimsa comes after truth. You should be forgiving for all this.

Step -

Steps combine with height and strength. The person's height must be increased. One should have strength. Only then step is made. Which is called a step. If you go one step ahead to attain the divine, then the divine moves ninety-nine steps towards you. And hundred percent divine becomes yours. But the condition is that you have to take the first step towards God. Like you have to take the first step in the train. On the plane, in the bus, you have to take the first step. Then God is yours. Have to do this daily. You have to remember God every day. Twenty-four minutes of meditation are to be done daily. There are twenty-four photos in the video's one second footage. Then the video completes for a second. Therefore, remember God twenty-four minutes. God will handle you one thousand four hundred sixteen minutes. A full day. So, take steps. Increase your height and your strength too. Just move one step towards God.

With God -

With God, a person becomes mighty. No matter how mighty the mighty may be, it is not necessary that God supports him. Whomever God accompanies, he becomes mighty, whether he is weak or weak in any way. Yes, the one who commits tyranny by getting the support of the mighty God, God leaves him. Then that mighty, however mighty, is defeated. The one who wins is

the one with whom God is. Ravana, Duryodhana Countless mighty came and went on this earth. But God did not support them. Power is a good thing, but only the might's God bless, it doesn't happen. The one whom God supports is mighty. No matter how weak someone is, he becomes strong as soon as he finds God. So, get the support of God, you will become mighty.

Tilak -

Tilak is applied for Till + Luck = Luck. To give someone the best wishes, apply tilak on his forehead. That tilak is his luck. Makes him lucky. A person is a type of machine. Just as there is a Switch to start the machine. Similarly, there is a Switch to start the human machine. Which is in the middle of the person's forehead. The size of that switch is like that of a mole. So, by applying tilak in the middle of the forehead. That place is pressed hard. By which the person's machine starts. Applying tilak means that this person is conscious. That is, the person's physical machine is running. Therefore, there are red hinges. Therefore, the starter of any machine is also red. And while the machine is running. A red colored bulb keeps burning on the machine. Which keeps on saying that the machine is On. Hence tilak is applied on the forehead to start the person's body machine.

Kalyan - Kal Yan -

Kalyan - Machine + vehicle = Machine and vehicle welfare of all. Vehicles means of traveling such as bicycles, scooters, buses, trains, aircraft. By using the machine, you can work quickly and take time to rest. One can earn profit by using machine to produce more. Anyone can win in battle using the machine. Using the vehicle, one can move quickly from one place to another without getting tired. In this way everyone is well. There is no fatigue, work gets done quickly, victory is

achieved.

Preacher -

When someone moves to another country. The person who comes there to receive it. The person receiving that. The things - rules and regulations that the new person talks about this new country. That person is called a preacher. Like someone went from India to America. So, the person who comes to the receiving airport in America. From the airport to the place of stay. Will tell all the rules and regulations of America. To do like this. Do not do this. Doing like this etc. The person who explains all this is called a preacher.

Narrator -

It has two persons. Story and Watchman. People who get tired, they tell a story. Like in olden days people used to walk. So, the person who used to get tired. He used to tell the whole story of his fatigue. Which was called legend. When narrators do fiction, they do it according to the time and keep watch with them to watch the time. They also continue to narrate and watch the clock in between.

Reader -

The person watching was called a reader. Like someone watches someone all day long. After watching, he recites the entire story of the person, he is called the reader.

Blessings -

The meaning of blessings is then understood. When there is debate and debate when in the mind. The hands of the blessing are then placed on the head. All the head-on debates disappear. When the hands of blessings are placed on the head.

Reluctance -

Reluctance - Food + Willingness = Whether grain is desired or not, food is always taken reluctantly. And food is desired by all. Because food is not the desire. And on eating food, there is a desire to obtain the object.

Culmination -

Parakastha - Par + Akastha = Cannot burn God with wood.

Power in meditation -

There is power in meditation.

That's why Brahma, Vishnu and Mahesh meditate.

One attains strength by meditation and welfare of people.

Forest -

Forest - For + Rest = When a man gets tired of playing his obligations in society. He then departs towards the forest for rest. That is, he goes to Forest to Rest. This is called the Vanaprastha Ashram.

The Philosopher's Stone-iron –

If you want to become gold by touching yourself with Paras. So, you have to be iron. Cast iron comes out of the mine. Its rawness disappears by heating in a furnace. Then it becomes iron. The iron is then touched by the Paras. So, iron then becomes gold. As long as the iron remains, it will be repeatedly used in the furnace and recycle it. Once gold is made, then gold is gold. Because gold is lying all year long. Sometimes used. Otherwise, sleep stays throughout the year. Therefore, be iron, become gold with iron, because gold does not decay, therefore gold is bought on the day of Akshaya Tritiya, because gold does not decay, gold remains in its form for eternity. Gold does not rust.

Spirituality -

Spirituality is not thought of thinking. Spirituality is experienced.

Spirituality is not a matter of mind, think about it. Spirituality is the subject of the soul, The soul experiences it.

In Vain -

Expenditure requires money. Where money is arranged, it is called economy. But nothing is ever spent on Earth. Because the Earth recycles everything. Therefore, the Earth remains as it is. Earth is never wasted.

Route Without Thorns -

No night and no thorns. This is called Clean Route. It is difficult to decide the route at night. There are thorns in the route, it becomes difficult to decide the route. It is also night and there are thorns, so how difficult it will be to decide the route, cannot say. Therefore, if one does not have to travel at night, the inn is built. And if there are no thorns in the way, then the journey is made on a clean and ready route. And even then, if you have to travel at night on a path full of thorns, one has to be careful and alert. Footwear is worn on the feet; light is taken in the hand. And in the mind, there arises the faith to seek support from God. After walking away, the senses become alert, even in the dark. The journey would be continued by avoiding the thorns. This is Route Without Thorns.

Guriya and bead -

Unperturbed, go chanting Maala. The task is to chant the whole rosary. Do not panic from the middle stations. Close your eyes. Keep reading the mantra with your mind. Then roll a Guriya (Bead) of Mala. After chanting the mantra while sitting on the pedestal, the garland of the rosary moves, so the bead of the mind cracks. The rosary of the garland that the Guru gives, is called Guriya. The beads of the garland that you take from your own heart are called bead.

Gyan Vapi and Varanasi -

Gyan Vapi - Knowledge + Vapor = Varanasi - Varan + Asi = Vapour originated from the well of Gyan Vapi. Knowledge

Seekers used to drink Vapour originating from the well of Gyan Vapi. Vasp (Vapour) read its name "Vasp Peena" from drinking (Peena). This Vasp Peena later became Vaspi. And then gradually became Vapi. Here, drinking Vapor made one aware. And then there was salvation through knowledge. That is why Knowledge Seekers started calling it "Well of Knowledge". Knowledge Seekers used to stand with both hands on the extent of Gyan Vapi's well. And bowed their face down in front of Gyan Vapi's well. This would put Vapour on the faces of the Knowledge Seekers. And Knowledge Seekers used to experience bliss. There was no water in the well of Gyan Vapi. Therefore, there is no sign of filling any water on the well. Varan is a Swedish word, which means "radiant". Asi is a Marathi word meaning "happened". So, Varanasi means, "Radiant Happened". Vapour's heat, energy made the person radiant. Hence it is called "Varan's well town" Varanasi. From Varanasi it later became Vaarasnaasee. And then it became "Benaras". Hence the scholar who used to get radiant with the vapour of Gyan Vapi. Only that scholar was selected for religious activities. And then, the scholar was given a garment (Varni) to wear and Dakshina was given. Therefore, the scholar from Varanasi had a different aura on his face. From which he was remotely recognized that he is a brilliant scholar of Varanasi. This was the identity of Benares.

Practice -

God appears only after practicing. Meditation is the name of the practice that reveals God. This practice of meditation makes man perfect. Therefore, to reach perfection, you must do meditation every day. Spiritual knowledge gain only by practicing meditation regularly. Meditation is the only one way to attain spiritualism. Meditation cannot be modified in any respect. Even who want try to change the meditation. The

meditation changed them. Meditation is a practice. Meditation is a process of self-determination to gain serenity.

Solid-liquid-gas –

Your soul resides in your body as a liquid substance. The lid of link between your soul and your body should be solid. Otherwise, your soul will fly from your body in the form of gas in the sky. Therefore, all containers have solid lids. So that the substance remains safe in the container. Once the lid is opened it will fly out of the container as the soul of the substance. And after the lid of the container is opened, the substance has to be used as quickly as possible. Otherwise, the substance will degrade.

Worship to Deities -

We worship to deities. To save our lives and commodities. Every community has their own deity and every deity has its different worship rules. So therefore, too many worship traditions in the world. We can't worship the God. Because God is appeared only by doing regular practice of meditation. We don't have time for regular practice of meditation. After doing meditation the serenity is appears in ourself. But our many fulfill doing by worship. So, we do worship too many deities. We don't practice meditation.

Bores -

Tongue only bores you. That is why man says, "I am fed up with your daily gag". This is what she does. This is Tongue. Tongue itself is Zeebh. Because Zee is full of. Hence its name is Zeebh (Tongue). When the tongue repeatedly asks, "When did this happen?" Why did this happen? Tell me how did this happen? Then the human gets fed up. So, man says, "Okay! Now ask! What do you have to ask?" "Ask vigorously" "Today I tell you all". Then the tongue is full and then asks till then. Until the heart is full. When the

heart fills. So, the tongue says, "Now stop telling. My heart is full". Until the mind is full. Till then, this tongue teases human beings with heart. So, keep the tongue folded and Learn to live in harmony.

Alibababa and Treasure of Shashrar Circle -

Alibaba was a woodcutter. The root of the tree keeps the tree alive. Root is called Jad in Hindi. Which caused Jar to be called Jar. Hence it is called Tree + Jar = Treasure. The root of the tree keeps the trunk and branches, leaves and fruit flowers strong. Similarly, human body is called body. The human body also has a root. From that root, the human body, senses, consciences remain strong. That root located in the human body is called "Kundalini Energy". Kundalini Energy reaches the "Shashrar Circle" in forty days. "Shashrar Circle" is a treasure. The person who knows the password to access "Shashrar Circle" can open "Shashrar Circle" and get that treasure. There are thirty-three segments in the spine of the human body. There are seven circles from where the spine and neck are connected, further to the "Shashrar Circle". These are just forty. After completing these forty, the treasure is there. Which requires patience and understanding.

Seven Dwarfs and Seven Doors of Kundalini Energy -

The seven Dwarfs are the seven circles of "Kundalini Energy". And Snow White is "Kundalini Energy". When a drop of blood falls in the pool of Kundalini Energy. Then three types of nature are available. "Saatvik" is White. "Raajsik" is Red. "Taamsik" is Black. When the journey to Kundalini starts. Then the tantric practitioners are very jealous of the seeker. Therefore, the seeker should not fall under the pretense of the tantric. The seeker goes into the forest to awaken Kundalini Energy. The seeker awakens his seven circles while in the forest. But tantric people also disturb the seeker in the forest. But the seven circles

keep the austerity of the seeker. In this way, once the seven circles are awakened, the seeker gets peace.

Shri Mad Bhagwat And Shri 108 -

Shri Mad Bhagwat is recited continuously for twelve hours seven days. $12 \text{ hours} \times 7 \text{ days} = 84 \text{ lakh Yoni}$. So, there are eighty-four all over. I.e., The listener of Shri Mad Bhagwat attains liberation from the metempsychosis of eighty-four million Yoni. And if Shri Mad Bhagwat is recited continuously for twelve hours and nine days. $12 \text{ hours} \times 9 \text{ days} = 108 \text{ elements (Tattva)}$. I.e., The listener of Shri Mad Bhagwat awakens one hundred and eight elements and attains "Sri". "Shri" means God. The listener of Shri Mad Bhagwat becomes the holder of "Sri 108". One hundred and eight elements – One hundred years is the age of the body. And The eight elements are "nature holding eight elements". I.e., Earth, water, light, air, sky, mind, intelligence, ego. In this way, listen and recite Shri Mad Bhagwat for twelve hours and get rid of the movement of eighty-four lakh yonies and awaken one hundred and eight elements and get the Lord of the form of "Sri" and hold "Sri 108".

From Time to Temper -

If the person cannot reach on time. Then the waiting person's Temper increases. Increasing temper increases blood pressure. Diabetes is caused by this increased blood pressure. Because someone is waiting for someone to come. And if the person coming is delaying. Then the person waiting for the person is urinating. But still the waiting person has stopped urinating. That when that person comes, they will urinate. Here the pressure of urine and the person coming there does not come on time, the pressure of Temper increases in the person waiting. Due to which the stress of the person increases. Then the person

does not know when the person became a patient of blood pressure and diabetes. Therefore, temples have been made to correct this increased Temper. Where salty granules and sweet sugar granules are given. So that the person's Temper is healed within a moment. And the person should manage their time in the temple. Time is seen in India at the moment. Like blink of an eye in an instant. And Pulse moves from the moment. Pulse is called Pulse because when someone's hand pulse is seen. It is then seen in the moment. The lentils are then used to count the moment of pulse. Hence the number of moments i.e., moment + number = Pulse. So, if someone has given time to meet. Then it should be reached on time. Otherwise, the waiter's moment will increase and if not reached on time, the waiter's Temper will increase. Then he will become a patient of blood pressure or diabetes. And will come to the temple to reduce his increased Temper. That is why it is said that where medicine does not work, there is blessing. Therefore, do not increase one's Temper and reach at the given time. You will help someone to increase his life and you will get his blessings.

Earwax -

The filth that settles in the ears is bitter. This earwax are the same bitter things that are spoken by people, which accumulate in the ear as bitter earwax. The same things, frozen in the form of bitter earwax, reverberate in the ears and are heard when there is peace everywhere. These things should not be heard, that's why music is used. Those who keep cleaning their ears do not hear these bitter things. That's why keep cleaning the bitter earwax that accumulates in the ear. From this the resonant "Om" of God is clearly heard.

Hatimatai And Saptachakras of Kundalini Shakti -

“Dhyanaacharya” Brahmachari Prahladanand

The secret of the seven questions of Hatimatai is the process of awakening the Saptachakras of Kundalini Shakti. Due to which the stone made Gulnarpari becomes conscious again. Hence the worship of the stone idol began. And through idol worship the process of crossing the Saptachakras began.

The secret of the seven questions of Hatimatai is related to the Saptachakra of Kundalini. Hath means Hand. Em means Faith. That is, who has faith in his hand. That is why it is called Hatim. Faith is most important in this. Iman means staying in celibacy. Living in faith with body, mind and soul. The body is Taamsik. The mind is Rajshik. The soul is Sattviv. Faith signifies God. God resides within the person in the form of faith. This belief is Brahman. The seeker becomes a brahmachari by grazing this Brahman. Brahma resides in all in the form of the divine. Because Brahma is power.

When the Kundalini is to be awakened, the eyes should be like an owl. That is to sleep in the day and wake up at night. That is, when you close your eyes and sit in meditation, then keep your eyes open in the inner darkness. Hence his name is Nazrul.

1. Secret of Muladhar Chakra -

Have seen it once. Have a look for a second time.

When the journey to Kundalini starts. Then lust is to be avoided. Because lust also makes a living stone. Kundalini seekers must first conquer lust. As Emperor Barzat touched Gulnarpari with lust and Gulnarpari turned to stone.

This stone is called "inertia". Lust throws a person's energy out of the body and the person becomes like a stone. It becomes lifeless. Just like a person does not have life. So when the person

conquers lust. Then this energy helps the person in further spiritual practice. And protects the seeker. Then sitting on this energy, the seeker performs further spiritual practice. Just keep saving this energy.

Mool means root. That is, where a person has to keep his root. Because the root is the foundation. The root itself draws water from different places and empowers the seeker in spiritual practice. The seeker maintains continuity in further spiritual practice only on the basis of root power. Therefore, keep your roots in the energy pool. This pool is a source of energy.

When the Muladharachakra opens, then the person's mind opens. Because after getting up from the base, energy goes directly into the brain and opens the mind of the person. The person who becomes impure on Muladhara Chakra. That person's mind attains inertia.

Nazrul has to be taken with him in this journey. Eye + ul = owl-like eye. That is to wake up at night and sleep during the day. That is, the ability to see even in the dark. Stay alert Because lust enters from anywhere.

The journey begins with lust. Gul = bounce. Nar = Shakti. When a man's energy bounces. Then the first energy gets the exit route. If energy does not exit this path. So energy reaches the second rung Swadhisthan Chakra. After this the energy never goes out again. In the Muladharachakra, the earth element remains. The Muladhara Chakra is the notch of lust. It has to overcome the lust. Here the element of earth changes into water element. The seeker attains fluidity by solidity.

2. Secret of Swadhisthana Chakra -

“Dhyanaacharya” Brahmachari Prahladanand

Be discreet with your kindness.

When the energy released from the base is unable to come out, then the energy rises upwards. The place where the energy rises up is called "Swadhisthana Chakra".

This causes a person's lungs to function. Here the seeker becomes disinterested with the world. And the person then gets in the way of the attainment of God and becomes compassionate. A person's heart changes. Which leads to kindness in a person. And then the seeker starts to practice only God without any purpose.

In the Swadhisthana Chakra, a person becomes Dwij. The person is born second. A person does not put his energy into the world. It is with this energy that one attains God. This energy is called Kundalini. Because it is a pool of energy.

In the Swadhisthana Chakra, the spiritual practice of the person gets its wings. The person easily goes into further spiritual practice. In this, the person feels a taste. Because it contains a mixture of earth element and water element. Which gives taste to the person. The person starts feeling hungry. Swadhisthan Chakra is the place of water element.

In this, the seeker has to help others and forget that help. Not to mention that help.

Whatever the seeker eats in the Swadhisthana Chakra. The energy that comes from eating it. Put that energy in the pool. The pool of energy is inside the body of the seeker. He is called the river.

This is the second rung of anger. The seeker gets victory over anger in the Swadhisthana Chakra.

3. Secret of Manipur Chakra -

It will be filled as it does.

This chakra occurs at the navel place of the seeker. Due to which the fire element is in Manipur Chakra. Just as the precious stone keeps itself illuminated with its fire. In the same way fire ignites within the seeker. And this is the ordeal of the seeker. Heat is produced in the seeker's body. The body starts heating up. Sweat fills the body. It is very cool and peaceful when you tolerate the heat and sweat of heat.

All the nerves of the body are purified by the heat of the seeker. By which the person's blood is purified. The purity of the blood brings more gentleness in the body and appearance of the person. Any woman is attracted to the beautiful and seductive look of the person. One should avoid greed here. And further spiritual practice should continue.

It brings strength in the hands of the seeker. Here, one has to pay special attention to his work. Do not harm anyone. Otherwise, the seeker will also be hurt.

4. Mystery of Anahata Chakra -

Truth is always a relief.

Ana and Hat.

In Anahat Chakra, the spiritual seekar has to take care that the curse does not harm anyone and the spiritual seeker should not harm anyone. So that the person gives curse to the spiritual seeker and the spiritual seeker will be harmed by that curse.

Because the curse comes out of the heart and hurts the heart.

When a seeker enters the heart in Anahat Chakra. The seeker who is truthful does not harm anyone's curse, that is, the seeker does not feel his curse. Therefore, always be truthful. Through truth, the heart remains clean. And the person gets relief from this truth. Therefore truth is always a relief.

Anahat Chakra creates fascination and attracts attachment. fascination blinds the person. To avoid this fascination, a prayer for the divine comes out of the seeker's heart. And the blindness filled with the fascination of the seeker is eliminated. The seeker's prudent eyes open. The power which was lost in the seeker's fascination. The seeker regains that power.

In the Anahata chakra there is a sound of food. That is, whatever the seeker eats and drinks. Its juice goes into the heart. Which produces different types of sound inside a person. Which hurts the seeker. Due to which the power of the seeker becomes small. That power is separated from the seeker. The heart of the seeker opens. Prayer is born in the seeker.

This Anahat Chakra is the chakra of the air element. Because curse moves on air. And through the open mouth of the seeker enters the heart of the seeker. Therefore, the seeker should not sleep with open mouth.

The opening of Anahat Chakra would have relieved the seeker from curse and loss. That is, if the seeker has curse of someone, then that curse leaves him. In this Anahat Chakra the seeker's hatred then turns into love. Prayer would grow in the seeker's heart.

Anahata Chakra is the fourth place of fascination. In this, the seeker conquers fascination.

5. Secret of Vishudha Chakra - News of Koh Nida.

Koh means khoh. Khoh means cave. In this, the seeker enters the throat above the heart. Where the demon of condemnation resides. The one who eats the voice as Saraswati. There is a condemning genie in the throat. The genie keeps drinking alcohol and speaks anything. It is in the Vishudha Chakra to control the condemned jinn.

In Vishudha Chakra the person becomes a colorful mood. Eats meat and alcohol. Dance etc. becomes fond of art. This colorful mood jinn residing in the throat is seduced and controlled. Then the jinn of this larynx leads to further Chakra.

Wish (Poison) + Udd (arising) = Vishudha.

Earlier, when someone was killed by poisoning, his last wish was asked. This last wish was later called Wish due to poison. And then Wish started being used in place of desire.

The poison goes into the throat. And from the throat, the person tells his last wish. Hence it is called Vishudha Chakra. With Vishudha Chakra the person purifies his desires. And the voice of the person is controlled by the person.

The seeker attains the sky element in Vishudha Chakra. The seeker living on Vishudha Chakra carries out his utterances. In this, the person becomes jealous of someone and he is jealous of the other. Therefore, one should avoid condemning the other.

6. Secret of Aagya Chakra -

Pearl equivalent of egg of Murgaabi (Waterfowl).

It is believed that Aagya Chakra commands. That do it. That he do. This is the tilism of Aagya Chakra.

Aagya Chakra when activated. Then the person starts to see everything like a film in the middle of the forehead. The seeker's ability to see increases. Therefore, Aagya Chakra is also called Third Eye i.e. Third Eye.

Aagya Chakra is the size of a mole (Sesame). But it feels as equal as Murgaabi (Waterfowl) egg.

Just as you can see everything from Sim. That is, entered the Internet from Sim and Internet shows everything. Similarly, the third eye shows everything.

In this Chakra (Circle) of Aagya Chakra, big seekers get trapped. The seekers then return to Mooladhar Chakra from this Aagya Chakra.

Aagya Chakra offers everything. The seeker who perfects this Aagya Chakra does not consider himself less than the divine. And this is the only reason for the downfall of the seeker from Aagya Chakra. Because the seeker sitting on Aagya Chakra gets trapped in the Tilsimi web of fantasies.

The seeker challenges God. Calls himself god

In Aagya Chakra, Kundalini Shakti comes to assist the seeker. This is where the seeker's owl's eye works. The inner awakening of the seeker works.

The seeker needs to be most careful on the Aagya Chakra. Because a seeker can get caught in a rage on Aagya Chakra.

Here the seeker takes the help of tantric experiments and creates a world of Maya around him. And then the seeker becomes a tantric and gets lost in this world of his illusion. The seeker gets entangled in the ego of his illusion. Luxury fulfills all here in this Chakra. Because Panch Makaar (Five Words which are start from "M") is consumed in the system. This is Five Makaar - Alcohol, Meat, Matsya, Mudra, Money, Copulation, drops the seeker directly from Aagya Chakra to Mooladhar Chakra.

The seeker here has to remember that the seeker has to rise above the third eye. You have to rise above the commandment cycle and go to the Sahasrara God. Here the command cycle only allows the seeker to reach the divine.

The third eye is a type of check point where the ability of the seeker is checked. And then he is given Permission to travel further. Hence the seeker gets a special type of third eye here. The seeker then continues the journey towards the Supreme with this third eye.

It is like that in a coal mine, there is a helmet on the head of the person and there is a bulb above the head. A person travels in a coal mine in the light of this bulb. Similarly, the third eye of the seeker opens. It is only through the third eye that the seeker reaches the divine. This third eye tells the difference between Maya and nature.

Here the seeker also starts receiving divine messages. The message of the divine means that the seeker now listens to the divine. And listening to God is like meditation. This is where

meditation begins. Because the seeker gets a Sim with the third eye of a mole shape. It is meant to contact the Sim God. Therefore, this cycle is also called "tilasma".

On this command cycle, the seeker gets Pragya i.e. Wisdom. That is, the wisdom of the seeker who had become old becomes young again. On the strength of this wisdom, the seeker recognizes the difference between nature and maya. That is, it is understood to recognize lies and truth.

Once the commandment cycle is proven, the ankle of the seeker comes to life.

Everyone has greed for this command cycle. Many people get involved in the cycle of this command cycle to awaken the Kundalini Shakti. By this command cycle, the big seekers miss the divine. And return to Moodhar Chakra.

This command cycle occurs when sitting in meditation continuously. Sitting in constant meditation, it gradually calms down by not obeying any of the commandments. And peace arises in a person. Then the person moves towards God with peace, certainty and patience.

Commandment cycle notch of raga-malice. Therefore, the seeker here has both raga and malice. The lotus that is here is the lock and open that locked lotus and go to Sahasrara.

7. Secret of Sahasrara Chakra -
Hammam later the news of the thunder.

The journey from the commandment cycle to Sahasrara is very difficult. Therefore, do it carefully. There is less space here and

that too is Lock.

Sahasrara means the pool where water springs burst from all sides. There is a "lotus" locked in this tank. Whose lock to open. Which is named "Kamalak". This Kamalaaka is the tantric form of the seeker. The lock of this mechanical form of lotus is to be opened only.

Kamal Ak. Before the Sahasrara Chakra, the commandment cycle captures the seeker in the knowledge of the jargon of "A" and "K". That is, the seeker gets stuck in the melodious vocals of Anahat Chakra and the vocabulary of the command cycle. The seeker sings very good songs and begins to preach very well.

On the Sahasrara Chakra one has to leave "A" i.e. "Swara" and "K" i.e. knowledge of consonant. Here the seeker had to renounce the word knowledge. That is, a person has to erase all his words. One has to rise above the world. The knowledge seeker of the world has rotted like a parrot. He has to leave the knowledge rotted like a parrot.

When the knowledge of Sahasrara arises. The knowledge rotted like a parrot then ends. Then the seeker feels that the seeker will also end when the rotted knowledge ends like a parrot. But it is not so. Because when the knowledge of the divine becomes available, then all the confusion ends. The seeker gets the essence easily. That is, the seeker becomes cheerful. It is easily then called Effortless. There is a different type of smile not only on the face of the seeker but in the whole body.

When the seeker begins to enter the Sahasrara Chakra from the commanded cycle. Then in the upper part of the nose where the

nose is inhaled and then goes down to the navel. God resides in the same part of the nose. It is here that the union of the seeker and the divine meet. This is where samadhi takes place. It is here that the soul and the Supreme God are formed. This is where the lotus blooms. This is Hammam but without water. That is, without water hammam and in which lotus is feeding. The lotus orchard is in bloom.

Seeker! In Sahasrara Chakra, the ankle becomes conscious from the ankle to the toe. The entire unconscious body becomes conscious again.

The Kundalini of the seeker is fully awakened.

Ego Sahasrara's seventh rank. This ego is to be avoided here. Because it is an important task. Therefore, being egoistic, the important form of "I" is born here. The same "I" as "ahem" is to be changed to "we". This "we" is the "hammam". In this "Hammam" everybody is bare. Therefore the person available to God becomes "Naga Sadhu".

Because lust ends. And the whole heart becomes a garden. And then "Naga Sadhu" imposes "Garad" i.e. "Ashes" on the whole body. The Naga monk then performs Shahi Snan (Royal Bath) in "Hammam". Because the seeker now becomes Shah (King).

Because lust has been converted into work. When "lust" becomes a "task". The "lust" then ends. And the stone idol becomes the soul of God. The stone also becomes God.

That is why all people come to God to end their lust. And the work is generated in them. When lust is reversed, then the work also becomes divine. And that keeps a person awake and also

makes the Kundalini Shakti awake.

Hence the idol is seen. Holiness is attained by the seeker through the Vibration of the idol.

So, this is the whole story of Hatimatai. Which goes from stone to life. And while opening the seven chakras or seven skies or seven spaces, the seeker finds the divine.

Sim's Magic

In the coming time, Sim Card will become as small as a mole. The SIM card itself will become magical again. Then it will be called "MoleSim". The magic of this Sim will tell everything. No one will be able to hide the illusion from this Sim. For example, by looking at the mole on the body, the past-present-future is known. Similarly, everything will be known through Sim. Like, abandonment is given at the last moment. Similarly, along with the mole, Sim will also be destroyed in the fire. Sim Card will be the identity of the person. Sim card will be linked to all the schemes. Therefore, the Sim Card will be considered as a person. Sim card will also be burnt along with the person's abandonment. Because the remaining Sim Card will reveal many secrets. So wait for Sim to reach the size of a mole. Till then enjoy the magic of Sim.

Enlightenment -

To enter the light in the ten senses. This is called Enlightenment. Entry + Light + Ten + Mantra = Enlightenment. It is called "Ten Mahavidya". This is called the "Ten Signs of Religion". This is called "Metric" Is called Men + Tric = Metric. "Metric" means "psychic (Maantrik) ". Trick to control the mind. So up to class 10, says Metric. That is, the disciple used to practice being enlightened after staying for ten years with the Guru. Therefore,

“Dhyanaacharya” Brahmachari Prahladanand

there is a provision of ten rules in all scriptures. The Yoga Sutras of Patanjali have five Yama and five rules. There are also ten. Ravana's ten heads were also ten senses. Therefore, ten is very important. The disciple is given a mantra by the "Guru" while giving "Guru Diksha". This mantra then enlightened the disciple. The disciple becomes available to "Pragya". Par = Parmatma (God) Gya = Gyan (Knowledge). God + Knowledge = Knowledge of God. Knowledge of God is "wisdom (Pragya)". Pragya is called "Enlightenment". Pragnavana is called "Enlightened". Pragya and Pragna are both the same.

Introvert and Extrovert -

Introvert - In + Tro + Vert (fast) = Inner fast. Extrovert - Willing + Tro + Vert (fast) = Fasting to fulfill wishes. Fasting is a form of atonement. This is done in two ways. A fast is within. Is done by the inner senses. In which the inner senses become clean. This fast is called Introvert. In the introvert the person pledges for his spiritual progress. The person does not tell anyone anything about Introvert. A fast is observed from outside senses. In which everyone is seen reading that this person is fasting. Hence it is called Extrovert. This fasting person wishes Does for fulfillment Because when a person works hard If a wish is not fulfilled, then the person is the presiding deity of that wish or The Adhisthatri worships and fasts to the Goddess. The fast is observed for Devi / Devta. No fast is observed for God. Meditation is done for God. Only twenty-four minutes of meditation daily provides a person with mental energy for the day.

Pythagoras -

"Py" is a Sanskrit word. "Py" means Milk. "Tha" is short form of "Than". Then means "Udder". "Cow's udder" "Go" is a Sanskrit word. "Go" means Cow. "Ras" is a Sanskrit word.

"Ras" means "Juice". "Goras" is the Juice of Milk. So, meaning of the "Pythagoras" is Juice made from cow's milk. Py + Tha + Go + Ras = Pythagoras. Drinking the juice made from cow's milk made "Pythagoras" a great scholar. Hence the people of Benares also drink juice made from cow's milk. The people of Banaras are also scholars. Therefore "Pythagoras" used to make their disciples scholar by feeding them juice made from cow's milk. This is the importance of Gorus. Payodhi - Pay + Om + Dhi (Enlightenment) = Cow's milk is called Paya. Om is obtained by drinking cow's milk. This attainment is called "Dhi". "Dhi" is called Pragya (Enlightenment). This is the importance of Cow's milk.

Atheist -

No believer means one who is not a believer. The believer, whose hope rests on one. Who expects someone to fulfil their hope?

Awakening of Kundalini in 18 days -

Kaurava is this body. There are eleven senses of eleven Akshauhini army body of Kaurava. The seven Akshauhini army of the Pandavas are the seven circles of Kundalini Shakti. The union of eleven and seven is the sum of eighteen. This sadhana is described in eighteen chapters of the Gita. In which the soul of Arjun passes his Kundalini through Duryodhana's body. Here, the order circle of Shri Krishna guides Arjuna. It is described like a war. That is, when the seeker starts doing meditation and transforms himself, then the seeker starts fearing himself. Because he does not want to give up his habits. Therefore, the Aagya Circle of the seeker motivates the seeker and resolves all kinds of doubts of the seeker. In this way, the sadhak awakens the entire Kundalini in eighteen days while

doing meditation. In this, mediation has to be done for three hours in the morning and three hours in the evening. Due to which meditation takes place for six hours a day. And in this way, the seeker performs meditation six hours a day for the entire eighteen days. The seeker then meditated for one hundred and eight hours and the Kundalini of the seeker wakes up. So to make the seeker sit in meditation for eighteen days, the command circle of the seeker which explains to the seeker, all this conversation is stored in the form of a song in "Srimad Bhagavad Gita". That is, when the divine sitting inside the seeker helps the seeker to reach the "Sahastrar Circle". Then the discussion that goes on inside the seeker is described in "Gita". In the Gita, there is a main description of going from "Commund Circle" to "Sahastrar Circle". So do meditation and awaken your Kundalini Shakti like Arjuna.

Arts, Commerce, Science -

Lakshmi, the goddess of commerce and Kali, the goddess of science, depend on the alphabet and numbers of Saraswati, the goddess of arts.

Arts = Goddess Saraswati

Commerce = Goddess Lakshmi

Science = Goddess Kali

That's why different disciplines of arts keep science and commerce engaged in work. Therefore, once Goddess Saraswati i.e., education is acquired, then Goddess Lakshmi and Goddess Kali i.e. wealth and mechanical things are automatically obtained. There is a machine in science, the machine is called Kal in Hindi. So, this is Kaliyuga. That is, the era in which all machines run on electricity. Goddess Saraswati is worshiped on Sharad Purnima; Goddess Lakshmi is worshiped on Amavasya by lighting a lamp. Everyone worships Goddess Kali every day. But people worship Goddess Kali in

such a way that no one gets to know, because Goddess Kali is the Goddess of Tantra. And no one wants to see him worshipping Goddess Kali, that is, becoming a tantrik. But still everything is based on Goddess Saraswati, only Alphabet and numbers of Goddess Saraswati worship Goddess Lakshmi and Goddess Kali. Can't count money without numbers and can't operate machine without Alphabet and numbers. Everyone knows about Goddess Saraswati and Goddess Lakshmi. But everyone's knowledge about Goddess Kali is incomplete. Drawing is an art. When movies started running in mobile, then mobile also got life. Making movies is a type of art. Art is Saraswati. That is, due to the work of an artist, many commerce people, and many science technicians also get work. This proves that Arts Faculty is most important. Art is the basis of all. That is why before any work, the outline of that work is made by a writer, on which the entire work runs. This is what is called script. Or it is called Minute to Minute's Work Execution. All this work is handled by Goddess Saraswati, that is why it is said that "everything has become perfect for the one whose Goddess Saraswati has become perfect." That is, the one who reads and writes, he does everything.

Brahmin, Kshatriya, Vaishya, Shudra -

At the beginning of life, a man is a Brahmin. of the state of Brahman. Doesn't discriminate against anyone. That's why it is said that children are the form of God. In the youth of life, a man is a Kshatriya. By becoming a roof, he protects his wife. In the third stage of life, man becomes a Vaishya. To give rest to his body, he sleeps on the bed. He does so much work in his youth, that he gets tired. To remove the same fatigue, sleeping on the bed removes his fatigue. Which is called getting retired. Man gets better at the fourth stage of life. In order to be lighter from the burden of memories of thoughts and deeds done in life, the

mind itself meditates on the Supreme Soul. That the thoughts, rituals, habits of this birth should not be carried in the next birth. This is what is called improvement. Due to which the consciousness of man becomes pure again like Brahman for the next birth. And that consciousness does not have to go through the purification of hell to become pure. This reform is called Shudra. This process of purity is called Shudra. Because the conscience is cleansed. The conscience is purified. When a person sits down to meditate in order to become pure. Then he puts his shoes at his door. Because the meditator does not wear any kind of shoes. So, after sitting in his meditation, his family members keep his shoes as his memory and keep them with them. And then tell the story of each shoe to the coming generations. And the new generations are asked to salute the shoes of those ancestors. Therefore, in earlier times, shoes were kept in the rack near the door of the house. Every person who came into the house, whether he was a householder or outsider, first used to salute the shoes kept in those racks, then went inside the house. And he used to take off his shoe outside the house. No householder or outsider used to keep his shoes in the rack. In earlier times, as shoes, they used to wear patten made of wood. So, salutation to those left, patten, is still in vogue at some places today. In this way everyone used to have shoe racks. Everyone used to salute the shoes kept in the rack. In this way, these four stages of life represent the four varnas of a human being. And makes human birth successful and meaningful.

Philosopher -

When someone reaches the door to go out of his house, then if he says, "Wait for a moment, I have just come" he goes in, and then brings something in his hand, and says, "Hey! I forgot to take this along". So here the moment that has passed at the door, that moment makes the waiter a philosopher. Because the

waiting time has stopped completely. Whatever he experiences in that moment will give rise to a philosophy within him. So, a moment spent at the door makes one a philosopher. Similarly in the olden days when a saint used to pass through the street, all the women of the house used to stand at the door of the house, and say, "Hey! Let me see the saint for a moment". So those women used to fold the veil with their fingers and take darshan of that saint with one eye at the door in turn. Since then, the philosophy of a moment spent at this door has become a philosophical one. Because from that vision there was a moment's peace. So that one moment was taken as peace. That's why people started saying that there is no peace here even for a moment. Or is there so much peace by being with you, that so much time passes in a moment.

Jyotirlinga -

The common belief is that the third eye sees outside the body. In fact, the third eye looks inside the body. Actually, the third eye is a light. When the light of the third eye is illuminated. Then the outer two eyes above the forehead, in the middle of the two eyebrows, the other eye goes up on top of one eye. And when viewed from outside, both eyes look half-open. When the light comes out from the third eye inwards, then the mind becomes a stage, and the pictures of the mind start playing on the screen of the stage of the mind. We see these pictures, these pictures are called dreams, they also contain sound, these pictures are of past and future. In relation to anyone. The light of the third eye is called self-light. While doing meditation, the light of this self-light has to be increased within the body. This self-light is shown externally in the form of a burning lamp. When a person is in a dying state. Then a burning lamp is placed near the person. Because the third eye of the person becomes most active when the whole body of the person is dying. The energy of the

whole body comes to the third eye. And the person then sees a lot in the light of the third eye. If a person does meditation while lying down without seeing anything with his third eye at that time, then that person will be cured of the disease. Therefore, a lit lamp placed near the dying person symbolizes the activation of the third eye of that person. Electric spark keeps happening in the third eye, which reactivates the person's organs. That's why doctors give electric shock to the patient in the last option. But if it is rubbed between both the eyebrows, then it is also effective. That's why we look for a person who has active third eye. And that person should put his hand on the patient's head so that the patient's third eye becomes active. For this a burning lamp is kept. This burning lamp later turned into a Jyotirlinga. Therefore, the water below the Jyotirlinga is like a lamp. And the shape of the linga is like a burning light. Just as a snake is wrapped around the Shivling, in the same way a dying person is bound by the loop of death. Milk is given to make a dying person strong. That is why milk is also offered on Shivling. Water is poured on the lamp to wash the lamp that has been lit overnight. In this way the symbol of the third eye first became this lamp. Then later Jyotirlinga was made. Which reveals the inner condition. And keeps the human body, mind, healthy. In this way Trinetra first changed into lamp and then into Shivling. It was changed so that the seeker could get symbols to do spiritual practice.

Khandav -

People used to eat Khand and raise Dove and lived in the forest. That's why it was called "Khandava Forest". Trees, plants and vines of Khandav forest were uprooted and burnt. And a beautiful palace developed there was built. Whose new name was given, "Indraprastha". Takshak, the king of Khandava forest, ran away after saving his life. And after fleeing Takshak

founded a new city which was known as "Takshashila". Simultaneously, Takshak established the university at Taxila. Which got fame by the name of "Takshashila University". In this Takshashila University, Maharishi Panini, Maharishi Patanjali, Acharya Chanakya did the work of studying and teaching. And the study of Emperor Chandragupta Maurya was also done in this Taxila University. After the Mahabharata war, Takshak attacked King Parikshit and avenged the destruction of Khandava forest. It is the Khan people of Khandav forest who consider Shesh Nag as their deity and are the original inhabitants of the Nag dynasty of this country of India. Those who like forests, are lovers of nature and worship snakes on Nag Panchami. These Nagvanshi had freed Bhima from the effects of poison by taking him out of the river. These Nagvanshi had freed Rama and Lakshmana from Nagpasha. These Nagvanshis established cities like Nagpur, Nagaur. These settlements settled by the Nagavanshis were called Nagars, which later came to be called Nagar. Nagar = city. Today, the name of the township which has the word Nagar behind it, all those cities have been settled by the Nagavanshis only. The people living in these cities are called citizens. Every person living in the city has an identity card, according to each one, the citizen gets the facilities of the city. Therefore, the citizens living in the city are asked to have at least one child. It is also often heard saying that, "I will see each and every one." Khandav forest people nurture and preserve nature, so their children are also born less and there are many trees, plants, trees in the cities. People of Nagvansh are nowadays called Nagaur, Nagori, Nagpal, Nagar. Vasuki Nag was instrumental in bringing Amrit Kumbh as a rope in the churning of the ocean. That is why the people of Nagavansh celebrate Kumbh Mela very well. Even today people of Nagavansh celebrate Kumbh Mela by becoming Naga Sadhus. These Naga Sadhus fought many wars for the

protection of Amrit Kumbh and are protecting Amrit Kumbh till date. Being the descendants of Vasuki Nag, the Naga sadhus of the Naga dynasty get the first place to take bath in the Kumbh Mela. The original deity of the Nagavanshis is Shesh Nag, who ruled the whole earth. That is why it is said that the rest of the snakes are holding the earth. People of Nagvansh are found in almost all the countries of the earth. Those who keep the serpents, worship the serpents, maintain the state system of those countries. The kings of the whole world used to give the responsibility of protecting the treasury to the Nagavanshis. That's why there is a saying that, "Nag will be found protecting every treasure." It was the Nagvanshi who protected all the treasures. In whom everyone believed. Therefore, there is a great relation between the Khan people of Khandav forest and the descendants of Takshak, the Naga people. These Nagvanshis still eat Khand, and keep the Dove and worship the Snake. People with color like dove are bathed in milk. That is why even today the Nagavanshis are called bathed in milk. Because Nagvanshi always speaks the truth, they are honest, they handle the state treasury (treasury) collected from the tax of the people for centuries. That is why one finds honest prime minister like Acharya Chanakya from Taxila University, who lights his own oil lamp for his own work, and state oil lamp for state work. Then Acharya Chanakya composed a book named "Arthashastra" to run the state system. The author of Yogasutra and the author of Mahabhashya on Panini Ashtadhyayi and the author of Charakasamhita of Ayurveda and Maharishi Patanjali, an incarnation of Sheshnag, was also a Nagavanshi. As there is a saying, "Look for a younger guru, take a bigger guru, take a snake brother, take a snake". Acharya Chanakya had received economics from Taxila University itself and studied the "tax system" which governs the economy of any country. Tax system was named Takshakshan after the name of Takshashila

University and Tax was named after Takshak.

Karnak -

The mispronunciation of Karnak is Konark. This is not Konark, it is Karnak. Because in the language of Bengal and Orissa, the pronunciation of "O" is specially made. That's why it is pronounced from "K" to "ko". So, Karnak means the temple of the Sun built by Karna.

Karna + Arka = Karnak

Karna = son of Surya

Arka = light, light, ray

Duryodhana made Karna the king of Anga country. The extension of Anga Desh was up to the coast of Konark today. That is why, Karna installed the Shivling to worship the Sun. The Shivling of the temple of Karnak also used to hang in the air like the Somnath temple. The sunlight used to fall directly on the Shivling of Karnak. Because there was no dome above the temple of Karnak. The worship of Shivling of Karnak was done in the afternoon on the new moon day. Because the moon is not visible on the new moon day. like this, Karnak's Shivling was worshiped 12 times on 12 new moons. In 1903, the temple of Karnak was filled with sand by putting up walls. What was inside the Karnak temple, to hide it, walls were put up and it was filled with sand. Due to the Shivling established by Karna, this entire place is also called Kalinga. Karna + Linga = Karnalinga = Kalinga. The Somnath Temple of the Moon on the western coast of India was established by Som. And the Karnak Temple of the Sun on the eastern seaboard of India was established by Karna. Somnath was demolished many times, but Karnak only once, be able to destroy And, the whole of Orissa has not been ruled by any foreign king till now. What can be the connection between Somnath temple of Gujarat and Konarna temple of Orissa? There is no dome in both the temples. One temple is for

the Moon, the other for the Sun. Both the temples are situated on the beach. The Shivling situated in both the temples used to hang in the air. In the Somnath temple, worship was done on the full moon night. In the Konark temple, worship was done on the new moon day. The temple of the Sun on the eastern sea corner of India and the temple of the moon on the other western sea corner, will there be any mystery in this ? The latitude of Karnak Temple is $19^{\circ}53'15''\text{N}$. Somnath temple latitude is $20^{\circ}53'16.9''\text{N}$. That is, there is a difference of nineteen twenty.

Kashmir -

Where people get rich by selling saffron, it is called Kashmir. Appears like the hair of the head, that is why it is called saffron. Kesar was used as currency. That's why saffron later became cash. Kesar = Cash. A straw of saffron was used as currency and other things were bought from it. After that, after putting saffron in water and painting the paper in saffron color, items were bought from that paper. The same saffron was later threaded in the middle of the paper, as nowadays a thin metal straw is threaded in the paper note. Earlier people used to drink saffron in beedi, hookah, instead of tobacco. That's why it was called puffing and from that the word Kashmaksh is made. The clothes of saints and saints were also of saffron color. Because Saint-Mahatma used to be Scholar of Sharda Vidyapeeth of Kashmir. That is why the saffron clothes of saints and saints were called Keshriya Bana. Made from saffron.

Limit -

If you cross the limit, you will be erased. Lime is used to make lines on the ground. It is instructed that; one has to walk between these lime lines. If you cross the lines of Lime, you will be erased. That is why even today marks remain on the road with white stripes that, one has to walk towards oneself, one

should not cross the white stripe. While worshipping the vehicle, first of all the Lime is placed under the wheels of the vehicle and the vehicle is mounted on that Lime. It is meant to tell that, before driving, suck the lemon completely, so that, before driving, the driver is conscious. Along with this, lemon and chili are also given so that, if you do not get senses after sucking the lemon, then chew the chili. Chew the chili until it starts to feel spicy. Because if you do not stay within the limit, you will be crushed like a lemon and then you will be burnt in the same fire as there is in chili. By burning you will become coal and then you will be hanged on some branch. Remember this thing before driving, that is why lemon, chilli, coal, are hung on the car. And outside the house also, lemon, chilli, coal is hung as a warning to anyone who comes, stay within limits in someone else's house. If you cross the limit, you will be erased like Ravana.

Mentor –

The one who gives mantra is called Mentor. Mantra = Mentor. People want one such thing from Mentor, which will make their life happy. This thing is called mantra. The mantra has to be kept till the mind itself. As people say, "I am telling such a thing, keep it to your mind. Don't tell anyone else." This mantra is the mentor. Those who give mantras in Indian tradition are called gurus. The mantra given by the Guru is called Guru Mantra. Gurumantra is also not told to anyone. The thing that breaks the mind is called a mantra. When the seeker sits in the sadhana, then the mind of the seeker automatically goes on its old habit. This automatic departure of the mind has to be broken. What is said to break the old habits of the mind. That thing is called breaking the mind. Everyone's mind is filled with different types of habits. That is why there is a different mantra for everyone. The mantra of one is not told to the other.

Upanishad -

Upadhyay The Upanishads of Nishad are called. The teachings given by Nishad are called Upanishads. Upadesh + Nishad = Upanishad. Nishad's Apabhramsa became Nishad. One who is always happy is a Nishad. What is the reason for Nishad to be happy like this? To know the reason for this, it is the Upanishad to sit with folded hands near the Nishad. The son of Satyavati, the daughter of King Nishad, is Vyas. All people sit near this Vyas ji to get knowledge. Even today, by reading the scriptures written by Vyas ji, we get the knowledge of Brahma-atma. Vyas ji was called Nishad because he was born to Satyavati, the daughter of King Nishad. And the knowledge which was distributed by Vyas ji in the form of Nishad, that knowledge is called Upanishad. Nishad people sail boats, when the rainy season comes, then boating is stopped. Then during the whole rainy season, Nishad people used to sit near Vyas ji and listen to the words of knowledge from Vyas ji. On the first day of its beginning, all the Nishad people used to worship Vyas ji. Which nowadays is called "Vyas Purnima" "Guru Purnima".

Earthian Calendar Anand -

28 days in a month and 13 months in a year calendar.

A year is 365 days 5 hours 59 minutes 19 seconds. Dividing from 364 days to 28 days gives 13 months. In which 12 months is 28 days and 13th month being 29 days, because today only 28 days of the month is going on. In this way there are 13 months in a year. But we have names for 12 months, so what should we name the 13th month? This is a question to ponder. This 13th month we can name 'Earthian Month Anand' and we can celebrate 'Earthian Month Anand' every year and 'Earthian Day Anand' on the 29th day of the 13th month. This 29th day will be a holiday and the new year will start from the next day. We will call that day Anand Day or Joy Day or Earth Day or Holy Day,

that is, a day of purity. This 29th day will be of 30 hours and the remaining 364 days will be of 24 hours. Because we have the remaining 5 hours 59 minutes 19 seconds after 365 days, we will consider it as 6 hours and add these remaining 6 hours to the 29th day of the 13th month. Whereby the completion of the 29th day of the 13th month would be at 6 o'clock in the next day instead of 12 o'clock at night and similarly the first new year would start from 6 o'clock in the morning. Which will be the first date of the first new year. Then in the same way, by adding 6 hours at 6 in the morning of the 29th day of the 13th month of the second year, the new second year will start at 12 o'clock in the afternoon on the same day. Similarly, the next third year will start at 6 O'clock in the evening and the fourth year will start from 12 O'clock in the night. Then the fifth year will start at 6 o'clock in the morning like the same first year, and thus the cycle will start from every fifth year. This four-year cycle will continue in this way and thus we will have the correct calculation. Because now that everything is being reformed, why not reformulate the calendar as well. So that the calculation is correct so that the results are correct. Therefore, it is necessary to reformulate the calendar. This 'Earthian Calendar Anand' is 13 months old. Which is designed according to the orbit of the Sun by the Earth. In which the Earth revolves around the Sun in 365 days 5 hours 59 minutes 19 seconds. The first month of this 'Earthian Calendar Anand' is January and the last month is 'Anand' and the last day is 'Anand Day'. 'Anand' means 'Joy'.

It is the calendar of the earth. We live on earth. This calendar is according to the time the Earth takes a round of the Sun. There are more planets circling the Sun and the days of circling those planets are different. Therefore, the calendars of those other planets are also different. Out of all those planets, there is only life on Earth and Earth gives facilities to all living

beings to live life. Therefore, according to the number of days on which the Earth completes one year by circling the Sun, it is "Earthian Calendar". With this, we can understand the Earth correctly and also keep our calculations correct. Now we have the best machines, which give us correct calculations and store our data. Therefore, we should give Tribute to the Earth and adopt the name of the Earth as "Earthian Calendar" whose nickname is "Anand Calendar". Anand means "Joy". We all enjoy ourselves on earth. By reforming the calendar in this way, we will forget all the previous experiences and we will have a book of new and blank pages. Which has only one day of the festival and that too on the last day of the year which has thirty hours. That is, the 29th day of the month of Anand or "Day of Joy". On that day we will worship the earth. And will enjoy the whole day. There will be a holiday every Wednesday-Thursday. Because Wednesday is the day of the Earth and Thursday is the day of the Earth's gravity. We are all on earth due to the gravity of the earth. Therefore, every Wednesday-Thursday we will worship the earth and we will start the week from Monday. This calendar will unify entire countries. Therefore, adopt "Earthian Calendar Anand" from the year 2024. It is necessary for the good of all humanity. The 2024 A.D. is the 1st year of the 'Earthian Calendar Anand' and it's shown like this 1 E.C.A.

According to the earliest calculations, there was a 28-day month according to the 28 Nakshatra. The month of 28 days is also for women. The woman started keeping track of the month. It was the women who started calculating the time and for this, the women resorted to the constellations of the sky and also used the moon and also took the help of the seasons. In this way, women resorted to different methods of calculation. Then they were divided into days, months and years.

Earlier there was a 10-month year. In which there were 28 days in each month i.e., a year of 280 days. The method of

calculating this was that 280 days according to the 10 months of pregnancy of the woman i.e., 28 days. This 280 day is 10 months i.e., it is not 9 months.

When the man started farming, he started calculating the year according to the rainfall. So that the weather can be accurately detected. This calculation of the man was based on the rotation of the Earth by the Sun. Because he believed that the Earth is stationary and the Sun revolves around the Earth. So, this is how the man started calculating the year. At the same time, the man combined his calculation with the woman's count, which led to the birth of a calendar. There is an association of 4 days and 5 days in the calculation of a woman. Which is 9 days together. These 9 days occur every month in the life of a woman. These are 9 days off. Therefore, these 4 days were written in red and 5 days were written in yellow and the remaining 19 days were written in white. The rest of the 19 days were for work. When the woman became pregnant, 280 days of the next 10 months were shown in green color. Which is called lap green and the next 9 days when pregnant, comes in the 10th month. These 10 months are called one year. Then 9 days after the birth of a child are happy days for a woman. But the man reduced these 9 days to 7 days and made the week. Those who get pregnant from the time of childbirth till the birth of these 280 days get 40 weeks by dividing it from 7 days of the week. That is, a man does not have to associate with a woman for 40 weeks and has to follow celibacy. The man had to take care of these things. The man who knew this woman's system well. Therefore, he was called a male royal and was called a king.

As the man's calculations were based on the weather, he made the calendar according to the weather. This calculation of a man is called a year because it is based on rainfall and the year was made according to the number of days of rain. But the calendars of men show different calculations according to the

geographical environment of their respective countries. But the calendar of women is still 28 days and in which 9 days are on leave. In these 9 days, the nature of a woman varies from day to day. So, these 9 days and 9 marks have importance. In the remaining 19 days, the nature of the woman remains the same. So, there is also a saying that "there is a difference of 19 or 20". This saying is because a man calculates the nature of the woman, but when the man forgets this calculation, it says the difference of 19 or 20 twenty. Then the day the woman becomes pregnant, after that, the nature of the woman remains good for 10 months. Therefore, the man wants to keep the woman pregnant and wants to keep the children entangled so that the woman remains in the man again. But nowadays a woman avoids getting pregnant by using contraception and keeps the man under control. Today, a woman is freer and happier than a man.

So, in this way, the calendar is made by women, but the men have amended it over time and told it to be their own. Since it is the time of women, why not apply the calendar of women all over the world. Which benefits women.

So, everybody new Heartiest congratulations and best wishes to "Earthian Calender Anand"!

Thank you very much for your cooperation!

a. 12 months are 28 days and Last 13th month is 29 days in every year and Year's first 364 days are 24 hours and Last day of the year is 30

hours.

b. 1st Day of the 1st month of the 1st year will start from 6 hrs. in the morning for the whole year. (Day time - from 6 a.m. To 6 a.m.) and last day of the year is 30 hours so it will end on next day noon 12 p.m.

c. In the next 2nd year 1st of the 1st month of the 2nd year

will start from 12 hrs. in the noon for the whole year. (Day Time - From 12 p.m. To 12 p.m.) and last day of the year is 30 hours so it will end on next day noon 6 p.m.

d. In the next 3rd year 1st day of the 1st month of the 3rd year will start from 18 hrs. in the evening for the whole year. (Day Time - From 6 p.m. To 6 p.m.) and last day of the year is 30 hours so it will end on next day noon 12 a.m.

e. In the next 4th year 1st day of the 1st month of the 4th year will start from 24 hrs. in the night for the whole year. (Day Time - From 12 a.m. To 12 a.m.) and last day of the year is 30 hours so it will end on next day noon 6 a.m.

f. From the next 5th year this timing cycle will repeat.

Corporeal Brahman -

It is difficult to identify the corporeal Brahman. That is why idols of those who have become corporeal Brahman are made. So that, after getting inspired by the idol of that corporeal Brahman, the seeker attains the experience of the formless Brahman. Be the corporeal Brahman. The symbols of the corporeal Brahman have completely covered the human mind. By penetrating which it has become difficult for human beings to reach the formless Brahman. But man's faith in the formless Brahman is no more. The formless Brahman which has been discussed in the Upanishads. If you discuss that formless Brahman with human beings, then man asks, "Which God"? Because the image of the corporeal Brahman has been made for human beings. The same corporeal Brahman was God when he was alive. Man's faith resides on the idol of the same corporeal Brahman. He considers the idol of the same corporeal Brahman to be God. He does not consider the formless Brahman to be God. Whereas it is the formless Brahma who has given the earth, the sun, the body etc. to man.

Black Taj Mahal -

If someone construct a black tajmahal in front of white tajmahal on the other bank of river yamuna. That will be a great job and he will be completed a tantric prayer. Tajmahal is the symbol of Taoism. It should be completed. When black tajmahal will be constructed, then both tajmahal will give very powerful energy to everyone. The both tajmahal should be joint by a bridge on river yamuna. One half side of bridge should be white from the black tajmahal side and one-half side should be black from the white tajmahal side. It will be a great experience to see the both black and white tajmahal in front of each other. Black tajmahal glisten in poornima night and white tajmahal glisten in amavasya night. White tajmahal was constructed by deity king Indra. Black tajmahal was constructing by Goddess Kaali. But the construction work of black tajmahal was stopped by deity king Indra. So, the only foundation work has been done of black tajmahal. It should be completed by someone, so that the Taoism will be completed and India become rich and joyful and peaceful country.

Period -

Sit on Wooven Stool when Overy is Discharged. This is called period. $\text{Generation} + \text{Overy} + \text{Discharge} = \text{Period}$. When the period comes, it is placed on the Woovenstool. A vessel is placed under the Woovenstool, in that vessel the secretion of blood gets collected. This collected blood secretion is dried up and applied to the scalp till the next menstruation and applied as a bindi on the forehead. And it is applied as a point on the forehead by the male. Due to which the attachment remains between both the man and the woman. Because menstrual bleeding keeps many qualities inside itself. There is an attraction to each other in bleeding. That's why the woman whose blood-shed is applied to the man, that man remains in the

attraction of that woman throughout his life, never commits infidelity. When sitting on a Wooven Stool, after that period, when pregnant, it is asked, "Which generation do you belong to"? At night, he is made to sleep on a cot. The utensils are also kept under the cot. Bleeding continues to collect in that vessel. Only a woman with a period sleep on a cot. No one else sleeps on the cot. The cot is laid only at the time of 5 days period, the rest of the day is put up.

The menstrual blood of a woman is like the lava emanating from the volcano of the earth. Like lava, there are many minerals in that menstrual bleeding. During menstruation, the body of a woman burns like a volcano.

The bleeding from the first day of the period goes to the toes of the feet, which is called Mahour, it shows that the menstruation has started. Each menstruation is of 5 days. Which comes after every 23 days. That's why there are 13 menstruations in a year. Hence there are 13 months in 1 year. Each month has 28 days.

The woman who serves the menstruating woman at the time of menstruation is called Mahar. Cooks' food, washes clothe, talks with her for that menstruating woman. That Mahar woman is with that menstruating woman on 5 days of every month, that's why that Mahar woman is called Panch and the husband of that Mahar woman is called Sarpanch. Because that Mahar man keeps a turban tied on his head for 5 days, which shows that, he is the Sirpanch of Panch.

There are different arrangements at different places at the time of menstruation, but they are almost the same - as if arrangements have to be made for menstruating women in a state, then all the people of the state collect money and make a place, which is called a palace. Menstruation + solution = palace. Where the menstruating woman is kept, that is why it is called the palace. Raja + Mahal = Rajmahal. Menstrual women were kept in the palace. The one who used to handle the

arrangements of this palace. He was called Rajan or Raja. This king used to arrange food for the menstruating women. Raj + food = kingdom. This king was a man of impostor. In which old women used to help him. There was a highway leading to this palace, which was called Rajpath. Only menstruating women used to walk on that Rajpath. The soil of that tract looked red like blood due to the falling of menstrual blood. That's why it was called the bloody path. Which is nowadays named as Red Carpet.

The arrangement for menstruation in the towns was called Dharamsala. Menstruating women were kept in this dharamsala. For this, donations were taken from all the people, which was called charity-dharma. This donation was used for the menstruating women living in Dharamsala. The arrangement of Dharamshala was also handled by the people of the impostor. In which old women used to help him. Which woman's period is going on in Dharamshala and Rajmahal, its full account was kept? And the women living there were given education to pass the time. That's why nowadays there are periods in school too. Because the man used to go to the Gurukul to get education and the lessons go in the Gurukul, the period does not run.

The cloth is colored by the lava emanating from Bhag, that cloth is called Bhagwa. Bhag + Lava = Bhagwa. Bhag = vagina. Lava = bleeding. Bhagwa color is the color of the clothes in the blood coming out of the vagina. The people of the village used to go out of the house for five days by painting the clothes in Bhagwa colour. Used to eat on demand in others' homes, slept outside the house, then after five days used to come home. Later, in the course of time, these Bhagwadhari people were also made to live where these people used to live. Residence = night shelter.

This hotel room arrangement is also for menstruating women. Month + Room = Mehraoom . When a woman is in her period, a

separate room is arranged for her. Where the menstruating woman has the facility of toilet etc. inside the room, the facility of washing her clothes, the arrangement of room service of food for her. That is, whatever arrangements are made in the hotel room, all those arrangements are provided to that menstruating woman. In lieu of all those services, room rent is taken from that menstrual woman. In this way, the arrangement of rooms in this hotel was for the menstruating woman.

Menstruation used to have its own law due to menstruation. The woman lived according to the law of menstruation. $Raja + Self + Law = Menstruation$. $Raja = menstruation$. On behalf of the king's government, the menstruating woman used to get some financial assistance every month from the king's government, which was called Monthly. From the day on which that woman used to have menstruation. The complete record of all those women was with the king's government. Because the king used to collect revenue for this work. $Raja + Self = Revenue$. This revenue was spent in the arrangement of menstruating women. The king did not spend any of this for himself. The king who used to spend the revenue earning for himself. People used to say to that king that, "It eats the earnings of women". But in the course of time, the kings made luxurious arrangements for themselves with this revenue, which was called "majestic grandeur". Whereas all this revenue money was given to the king by the public to raise facilities for menstruating women. Because earlier people with impostors used to see all the arrangements of the palace. But when the men saw insufficient money there, they took the whole arrangement of the palace in their hands. Then from here the politics of getting the arrangement of that palace started going on and the condition of menstruating women was getting worse day by day. Then for the attainment of this throne, wars, battles, conspiracies did not know what happened. The throne means Sanitary Pad. This

Sanitary Pad is like a small mattress and is worn by the menstruating woman, so it was called the Rajgaddi. A woman who is menstruating is called a menstruating woman. The word Raj has been formed from menstruation itself, the word politics is formed when policy is added to Raj. That is why politics is related to menstruation, so both these religions and politics are related here. which can never be separated. Because it was very difficult for a woman to pass the painful five-day period of menstruation. So to cut these five days. That is, the arrangement made to pass the time was called "Dharma", its place was called "Dharamsala".

One thing has to be taken care of, that the collected blood secretion should not in any way come in the hands of any tantric performing tantric. The menstrual bleeding of a woman is very important in tantric activities and is of great use. All the tantriks go to the Kamakhya temple to get this monthly bleeding. Tantriks keep dogs with them, these dogs tell by sniffing that this woman is menstruating in this house, those tantriks buy bleeding from that woman. That is why nowadays Mensutral Cone is being used instead of Sanitary Pad. In this Mensutral Cone, the bleeding is collected and sold to the Tantrik. Tantriks use this bleeding to perform tantrik activities for big people, because the bleeding of menstruation is the real kumkum. That is why the woman who has menstrual pain, that woman is made to sit on the Woven Stool, because the next generations of the family run from that generation.

Puja Pujari -

"Hey, go and come here with light for your ancestors." Ancestors + Light = Worship. Going to the tomb of the ancestors and lighting a lamp and lighting a lamp is called worship. "Who went to the ancestors' place to light up today"? Ancestors + Ujiari = Priests. The person who goes to the

samadhi of the ancestors and lights the lamp, is called a priest. That is why in the worship, first of all the lamp has to be lit by the priest. Now after the lighting of the lamp, then there are talks about those ancestors, which are called the stories of grandmothers. In this way there was no light in the day. When Sanjha started, the lamp was lit to light. It was only later to worship it and the person who did it was called a priest.

Whoa -

Haua is Hawa, which is Jehovah. The fear of Jehovah was spread all over the world by making a huahua. That "If you do not obey this, then this should happen to you. Yeh + Hova = Jehovah. Actually, there was nothing in Jehovah's temple, but people started obeying Jehovah out of fear of Hova. That's why even today children insist on each other." They frighten by speaking huaay from this fear, he was called Bhairav, the one who removes fear, Bhairav. Fear + Rub = Bhairab = Bhairav. People forgot fear from Bhairav and remembered God. People called God God. Agreed and the priest of the Lord was called Rabbi. Fear goes away by drinking Rum, that is why Bhairav was given Rum and people did not drink Rum. But now when Rum is being offered to the god of fear, people also get Rum. When asked to drink, people also drank Rum and people became free from fear. People became romantic by drinking Rum. In this romantic state, they composed poems. These romantics went to Rome. That is why the people of Rome became romantic. A cup of Rum remains in one hand. In this way, the people of Rome spread the word of the Lord all over the world. But in India, to get rid of the habit of drinking this Rum, it was spread that, "Bhairav drinks alcohol." That is why people should not drink alcohol, but drink it to Bhairav. This will remove the fear of the people". People built a temple of Bhairav outside every village and made the idol of Bhairav drink whole

liquor. In this way the villages of the village became free from drinking. resides in the bottle. That's why the devil was asked to throw a stone. Due to which the stone hit the wine bottle and the wine bottle broke. HUAWEI begins when the person asks, "How did this happen?" This + How + A = This HUA = Jehovah. That's why never ask, "How did it happen?" Otherwise, fear Yahweh. Mamane will start and then they will start believing Bhairav. Then this fear will make many gods and goddesses to be convinced.

Idea -

When the thought becomes the object, then the object is evaluated, not the idea. When the idea takes the form of a book, then the evaluation of the book is, "How many books are there"? Because a book is a thing. But there is no evaluation of the ideas written in the book. The paper of the book, the binding, is evaluated. If there is good paper and hard binding then there is a high price. If there is plain paper and Paperback Binding then there is less price. The ideas written in the book have no value. Even if in it, "how many important things are written". Whereas a book is a box to keep thoughts safe. The price should be of the thoughts and not of the box. From the day the value of ideas will start coming. From that day the value of writers will increase automatically in the society. Thoughts which are called content in today's language or are called thoughts. These thoughts are original. No one has a copy.

Convert -

Fasting converts anyone. who + fast = Convert? That is why fasting should be done thoughtfully. Because after fasting your body, mind and soul change. This change is called conversion. Which + Version = Conversion. As we ask, which version is it? Just as the versions come and go with new changes on the

version, similarly new versions come and go in the life of the person and the person gets upgraded and updated. By observing the fast personally, conversion will come only in the person who will observe the fast. Due to this there will be no updates and upgrades with him and the person observing the fast will consider himself superior and higher than those who do not observe the fast. In this way, there will be a difference in the ethics of both and unity will not come even after making lakhs of efforts. All the people who observe the fast collectively will be updated and upgraded simultaneously. The morals and thoughts of the people who fast collectively remain the same, due to which there remains unity among them. That is why before fasting, think that if you want to convert, then fast.

Spirituality -

Spirituality is difficult to follow, that's why man follows dharma, dharma is easy to follow. Spirituality is the meditation of God through the soul. Beginning + Meditation + Soul = Spirituality. No one wants to meditate, because God is formless, and they ask the question, "How to meditate on the formless"? It is easy to ask for something by assuming someone as a god, by offering flowers to him or his symbol, with folded hands. People have considered it as religion. According to the scriptures of spirituality, all beings and non-living beings are Brahman. And it is beyond human comprehension to know all living beings and non-living beings as Brahman, because it destroys the structure of man's high and low. Religion divides man into divisions, that's why man likes religion. Along with religion, culture divides into more departments. That is why along with religion, man believes in culture with great emphasis. That is why it lays emphasis on celebrating religious functions and rituals and cultural programs and is always in opposition to those who meditate and keep speaking the things of religion to

the things of spirituality. In this way, he keeps on using the name of spirituality to protect his religion and culture.

Gurudakshinam -

When the disciple was made efficient by the Guru. Then the teacher was rewarded by the disciple. $\text{Guru} + \text{Daksha} + \text{Inam} = \text{Gurudakshinam}$. In various competitions held in Gurukul, skilled disciples used to get money and trophies in prizes. The skilled disciples used to dedicate the money and trophy received in this reward to the Guru. Guruji used to keep the money and return the trophy to the disciple. Inam = reward. When the disciple used to go back to the society from the Gurukul after the Samavartan Sanskar, the disciple used to work anywhere, then the disciple used to keep the trophy in his Showcase, won in the competitions of the Gurukul. Seeing these trophies, other people used to send their children to the same guru in the same gurukul, to earn education, with flowers, saying, "Go take this flower, and go to the guru, follow the guru". . flower + lo = follow. But over a period of time, the disciples do not receive any education, meet the guru once a year, give flowers to the guru on the same day, give some money and buy the trophy from the market and keep it in the showcase of his house. Now there is no talk of trophy. There was no longer a rite of passage. Now there are convocation ceremonies, which also put an end to initiation. $\text{initiation} + \text{end} = \text{convocation}$. Now no one is skilled, and no one gets any reward. Now only Dakshina is left, which is given by the host after some ritual. This Dakshina is taken as the Fees of the ritual. To fulfill the wishes of the host, rituals are performed. This ritual is considered as religion and spirituality. In order to make the disciple efficient, the disciple was given initiation by the Guru. When the disciple became proficient, then a reward is given to the Guru by the disciple, which is called Dakshinam. $\text{Daksha} +$

Inam = Dakshinaam.

Samadhi -

Samadhi is given to the body; the soul has already left for a long time. After all, only the dead body gets respect. The soul that has met God is never respected, because people do not recognize whose soul has got the company of God while alive and even if someone's soul has got the company of God, then they do not believe it.

Dharma > Artha > Kama > Moksha -

Remember, after Kama there is salvation. Dharma > Artha > Kama > Moksha. There is a difference between Kama and Karma. Kama is a desire. Karma is work. Kama is related to lust; it is related to desire. Karma is done with dharma, that's why karma is called duty. By the karma done with this dharma, one attains Artha. Artha = Money, wealth, property. With that money people fulfill their desires. The range of desires is huge. Desire means Kama. There is a desire to do some work in the mind of a person. So, when money comes to the person, then the person does that desire. In this way, doing desires, one moves towards salvation. As the scope of desires is large, it takes a lot of time for a person to travel from Kama to Moksha. Because all the money a person earns, it is spent in fulfilling the desires. Again, a new desire arises in the person, then to fulfill that new desire, again works with Dharma, then obtains wealth, fulfills the desires with that money and moves towards salvation. goes. In this way this cycle continues. As long as one does not fulfill the desires, one cannot attain salvation and money is needed to fulfill the desires. Sadhak tries a lot that, by doing spiritual practice, one can reach salvation directly from religion. For this the seeker does Dharma, but does not do Karma. You don't get

money for not working. But people give money to the seeker even after doing religion. But the seeker does not want to take money. That is why the seeker does not touch the money. While doing a lot of spiritual practice, the seeker crosses wealth, but is stuck in Kama like Vishwamitra. There are many such seekers, who are stuck in Kama except Dharma-Karm, wealth. Now when the seeker gets engaged in achieving the desires, then again, the seeker needs money, then the seeker again takes the help of religion to get the money and earns money from the religion. The religion people believe in, the God whom people believe in, builds a temple of that God and receives money through donation. But money only leads to desire. In this way the seeker again gets stuck in the fulfilment of desires and pilgrimage. Fulfils desire and travels on pilgrimage. But the seeker is not able to go towards salvation. From religion to Karm, from Karm to wealth, from wealth to desire, from desire to religion again, this is what happens. That is, the path which is from desire to the journey of salvation, as much as the seeker walks on that path, on the fulfilment of the desire, again for the attainment of wealth, that seeker again retreats. The seeker who does work, that seeker does not go back to religion to get wealth, and fulfils his desires with the money received from work. So, when a person does the work, then the person stops doing Dharm-Karm. Which the general public says that, “He has become an atheist, does not do Dharm-Karm at all”. But a person considers work as worship and receives money from that work. There is no morality in this work, the purpose of doing the work is only to get money and with that money one has to fulfil one's desires. Yes, doing religion with that money is also considered a desire, that is, performing religious rituals with money - such as worship, pilgrimage, big religious events, all these are done with the money received from work. Which is just a kind of desire. There is no morality in a religion done with

this kind of money. On the strength of his wealth, a person gets the rituals of religion done according to himself, and not according to the scriptures. Therefore, due to such arbitrarily performing religious rituals, people become curious about religious rituals that, "What is written in the scriptures, is it true method, or what people are doing it is true method". There is debate on this issue again. In this way, a person acting arbitrarily with the money received from work, is moving towards salvation, thinking so. But then the person becomes devoid of religion and moves towards atheism and one day that person becomes irreligious and says, "This Dharma-Moksha is all a hoax, I have done so much virtue, donated religious rituals." But I did not get salvation. And in this way a person lives by doing only work, fulfilling his desires with the money received from that work. That person does not believe in salvation at all, that is why the question of making efforts for salvation does not arise. Yes, that person makes his good lifestyle and lives with dignity and leaves his body while fulfilling the desires. This mantra of life gives everyone that, "Moksha is nothing but attainment of wealth by any means, live a luxurious life and fulfil your desires". This kind of thinking disturbs the seeker also, the seeker also leaves the sadhana and gets engaged in the attainment of wealth and fulfils his desires with that money. In this way the path towards salvation is left by the seeker. The common householder says, "I have this desire, I have that desire". Sadhak says, "I have work here, I have work there". But the sequence of work is made in such a way that work again brings it back to karma itself and desire takes it back to religion. Therefore, the seeker comes back to Karma and the general public comes back to Dharma. Sadhak is often found doing Karma. The common man is often found doing religion. So it is, Dhara > Artha > Kama > Principle of Moksha. That's why remember, sadhus-saints-mahatmas-sannyasis-yogis etc., who

do the sadhana of salvation, do spiritual practice, but do not take money for that sadhana because they do sadhana for themselves and not for others. With this, on the strength of sadhana, one directly attains salvation, which is called samadhi. People then light a lamp at his tomb, make an idol of him and worship that idol, which people consider to be a religion. The saint-Mahatma who did not do Dharma, Artha, Kama while living, people want fulfilment of their wishes from his samadhi and idol. They praise and praise him, but when that saint-mahatma has attained salvation.

Never Keep Sorrow in Heart -

Never apply sorrow (grief) to the heart. If your urine is getting better, then your heart is healthy. That is, you do not have any heart disease. You do not have any blood pressure problems. If you have not been able to urinate, are coming in intermittently, are not coming, are jealous, are coming fast, are coming again and again, then your heart is not well. Because when urine does not come properly, it spreads back into the blood. The urine contains salt. The salt which then comes into the blood and goes through the blood into the heart. Therefore, if a person feels sudden urination at night or feels dizzy after urinating, it is a result of this that the urine is not coming properly. So the water you are drinking should be checked. Because if the water is not right then there is problem in urination. And this problem again causes blood pressure and heart attack. So as far as it is tried, the urine comes right. Never stop urinating. Because if the urine is stopped, then the urine rises back up and evaporates and causes gas etc. diseases. And again, goes into the blood and causes problems. Therefore, as far as possible, urine should be done when it comes. This makes the heart good again. There is no irritation in the person. Because the person who does not get urine, gets irritated. Because urine takes the form of gas and

enters her brain. So that his brain does not work. That's why the person says "I come lightly". Once the urine has found its way, to join the blood and enter the brain, then it becomes difficult to handle urine. Therefore, it should not be allowed to happen. And you should make your urine good.

Worshipping a formless God -

If you talk about worshipping a formless God in the country of India, it is never possible. Because the business of worshipping the corporeal God in India is so much that it provides employment to many people. For example, cotton, matches, ghee, oil, sandalwood, roli, camphor, aarti washing pitambari, coconut, flowers, garlands, incense sticks, guggal, frankincense, water, Ganga water, perfume, betel leaves for use in daily worship. , Tulsi leaves, Vilva leaves, Banana leaves, Kalava, milk, lentils of Prasad, other types of prasad, daily bhog in the temple, curd, butter, cow dung, etc. Many things are needed. If India is asked to stop worshipping various corporeal deities and worship only one formless God, then how much daily business will come to a standstill. Apart from this, there is a weekly trade, for weekly worship materials, on other special days and on festivals, there is a big business on the festivals of gods and goddesses. That is, if seen in the gross domestic product of India throughout the year, then there is a large part of the material used in the worship of gods and goddesses. Apart from this, the work of making idols, the work of making temples, the work of making chariots etc., the work of making clothes and ornaments of gods and goddesses etc. The work of furnishing, the work of pavilion, mic, light etc. in the stories. There is much more to add to all this. All this business is run only by the worship of many gods and goddesses. So, it is not possible to worship a formless God in India. The Indian public accepts the concept of a formless God, but does not worship

him. Because in India there are different gods and goddesses for the fulfilment of different desires. On worshipping whom people feel that our wishes will be fulfilled. That is, in India, a person worships Gods and Goddesses for the fulfilment of desires. Not that he is a deity, he worships them for this. If those gods and goddesses do not fulfil the wishes of the public, then the public stops worshipping those gods and goddesses. And invents new deities. Those who claim to fulfil the wishes of the people. In this way, if the desire is not fulfilled even by the deities in India, then the public starts worshipping the ghosts, even the demons. That is, mainly the public believes that, who will fulfil our desire, we will only worship him. Be it God or Satan. The public has nothing to do with it. Only the wishes of the people should be fulfilled. That is why many types of worship methods have been adopted in India for centuries to please the gods and goddesses and ghosts. The country of India, which declares Brahman in its Brahma sutra. The people of the same country of India, except worship of Brahma, keep on worshipping whom and not knowing. Just to fulfil your wishes. Because to worship Brahma one has to meditate. Meditation means meditation. And for meditation, the public does not have time at all. That is why people call meditation a waste of time. Whereas in ancient India, all the people used to meditate, which was called Trikal Sandhya. One is established in Trikal Sandhya with the formless God, thrice a day. So even today people do not do evening, even once. He says there is no time. The reason is that, only those doing business of corporeal gods and goddesses do not want the people of India to worship the formless God. Because it will stop their business. Due to this business, gods and goddesses and ghosts are kept alive through miracles. "That he worshiped this deity, he got this benefit". So overall it is that, the Trikaal evening used to give a glimpse of the formless God to the people of India. The people of the same India today ask

the question, "Where is the formless God? I haven't got it till today." That is, these people do not even meditate, and talk about realization with the formless God. If you meditate, you will automatically be able to see the incorporeal God. But their desire is not to meet the formless God. They wish that "May my wish come true. Whoever will fulfil my wish, for me he is God. In this way the seekers of the formless God are called atheists in this country of India. And Worshipers who worship corporeal deities, ghosts and spirits are called believers.

Labhakam -

For the last twelve years, Tantric Labhakam had woken up throughout the night and controlled many jinn, ghosts, ghosts, witches, vampires. As soon as day came, Labhakam used to come from the crematorium and sleep in his hut. In these twelve years, Labhakam never bathed, did not wash his face, did not clean his teeth. No one had seen him eating it yet. Labhakam was silent for twelve years. Labhakam's eyes spoke. Someone who can see in Labhakam's eyes. Despite this, Labhakam had a strange beauty. Labhakam's move was so intoxicating that it would hypnotize the beholder. Labhakam had not done any work till date. All of Labhakam's spiritual practice was for himself. No one was able to enter the radius of a kilometer of Labhakam's hut. People used to look at Labhakam from a distance and bowed their heads and left. After twelve years of meditation, Labhakam had attained many attainments. Guru Muzhaikam of Labhakam lived on a hill hundred kilometers away. Muzikam was also like this. Did nothing for anyone. All the accomplishments for themselves. Coming to the dream of beneficence,

Mujikam used to tell the practice of accomplishment. After completing a period of twelve years, Labhakam is about to go to Guru today. After a day's sleep, Labhakam started the journey

towards Gurdasthan in the evening and reached the gursthana before dawn. The Guru saw that Labhakam has arrived. The Guru cut off the hair of Labhakam. Gave away Labhakam. Gave new clothes to Labhakam. There was a waterfall at Gurusthan. Labhakam broke his teeth with a neem branch. Rinse after brushing teeth. Remove all clothes and wash them. Then took a bath. Wearing new clothes reached the Guru. Maundy Labhakam looks very beautiful having had . New clothes from above were giving unique beauty to Labhakam. Labhakam bowed to the Guru. The Guru came into Labhakam's mind and ordered that "Labhakam 'is appointed as the suzerain of the monastery named' Swaunapurna 'situated in the south-west direction, five hundred kosha from here". Labhakam obeyed the Guru's command and Labhakam bowed to the Guru and proceeded towards Swaunapurna. After five nights of continuous stay, reached Sauna. The beautiful monastery of one thousand eight acres of land was filled with the beauty of nature. The entire land was flat. It was a river. There was a lake. There were many fruitful and fruitless trees. The circumference of the monastery was ten kilometres of dense forest. No one was able to enter the circle. Tantrics used to come to the monastery, perform their beliefs and go away. Many were living even for the tantric years. Were meditational. He left the tantric activity and went to Rama in Brahmananda. Labhakam enters the monastery. Labhakam was the monarch for twelve years. Mujikam called again. Beneficence started. Labhakam was now sent behind the snowy hills. No one was there. There was a twelve-kilometre flat ground. Icy hills all around. There was a cave way down the middle of the field. After landing about half a kilometer, the same twelve kilometers wide plain was down. There was a waterfall inside. There were eleven tantric. Labhakam came twelfth. Everyone was sitting silently. Everybody was naked. Labhakam took off his clothes. Put your

clothes where everyone's clothes were. Bathing in a waterfall. Naked came to his place and sat in meditation. There was eighteen hours of meditation every day. Meditated there for a year. Then went to Muzikam. Mujikam got himself meditated for three consecutive years. Labhakam meditated and freed all the jinn, ghosts, phantoms, witches, vampires from within. After three days of meditation, Mujikam said to Labhakam, "Go! Now you have become a master" "Moving from here, go" "From here there is a country in a north-west direction a thousand kilometers, Sangolia". "There is a village in Sangolia, Magny". "There is a monastery 'Sukhodiya' in the village of Majni. The Gurugaddi of Sukhodia Math has been lying vacant for a thousand years " you! Carry on the tradition of Sukhodiya Mutt ". Labhakam walked towards the Sukhodiya Math at the behest of his mentor Mujikam.

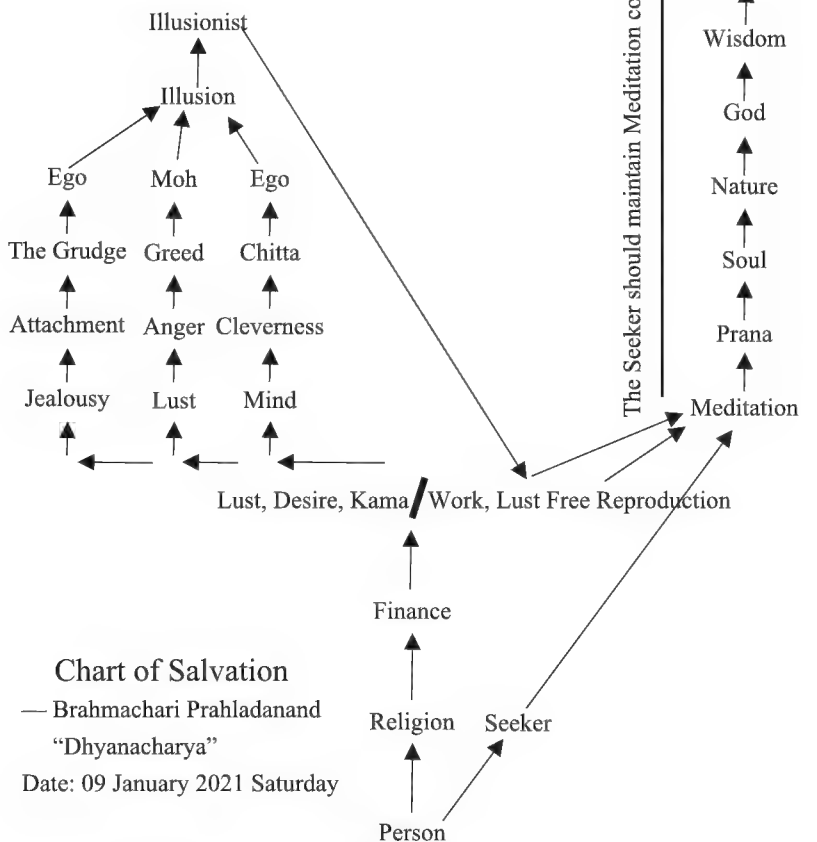
Sukhodiya Math is a desolate place. The monastery spread over three acres. An old tile house to live in, that too was torn down. Majni village was three kilometers from there. Nothing around the monastery, the entire empty meadow. No man from the village of Majni came towards the monastery. Sometimes someone stayed in a tantric monastery. But he used to run away before nightfall. The fear of the monastery was far away. Labhakam first cleaned the well of the monastery. Removed all the stale water. Now fresh water started flowing in the well. Labhakam then fixed the house. At home he found a throne-like outpost. The lion had a lion on its post. Labhakam cleaned the whole house. Placed the throne. As soon as Labhakam began to sit on the throne. Then a voice echoed, loudly laughing at the hysteria, the voice said, "You have come! I was waiting for you." Now you sit on this throne. Open Sukhodiya Math again to all. My blessing is with you, my work is complete, I go now ", saying that the voice stopped. As soon as he sat on the throne, Labhakam got a tomb. Labhakam remained in samadhi for nine

days. After the tomb was opened, Labhakam came out of the house, there was a crowd of people outside, everyone wanted to see the beneficiaries. But within the perimeter of the monastery, they could not enter. There was no wall or fence etc. on the periphery of the monastery. The circumference of the monastery was protected by invisible instruments. These instruments were not visible to anyone. But someone in the monastery They were not allowed to enter. Labhakam freed the circumference from the machine. Appointed instruments for himself within a circumference of three feet. Visiting people became hypnotized. He made the line himself and began to visit Labhakam with great peace. Labhakam lived in the Sukodia Math for sixty years. Labhakam took supreme samadhi in Sukhodiya Math itself. Even today people worship the tomb of Labhakam from a distance of three feet. Labhakam did not speak a word or take anything from anyone in these sixty years. Just used to go out for an hour once a day, see people and then go inside. The wishes of the people were fulfilled, but with the philosophy of beneficence, there was an extraordinary peace. People used to come to see him daily for that peace. After Labhakam left, Sukhodiya Math started deserting again. People used to come to the tomb of Labhakam. But now they could not complete the entrance to the monastery. Only used to come to the tomb of Labhakam. Because again invisible instruments were installed. The stories of Sukhodiya Math of Mejni village were spread far and wide. Even now, the Sukhodiya Math is blazing with the glory of Labhakam.

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Chart of Salvation

The seeker has to sit for six minutes in the first month in meditation. Then have to sit for six minutes every month, extending it. After ten months, then have to sit for sixty minutes for the next two months. Then you have to keep this sequence for the next two years. This is to reach three hours for three years. Then for the next nine years, sit in meditation for three hours every day. In this way the seeker will become available to Moksha (Salvation) in twelve years.



“Dhyanaacharya” Brahmachari Prahladanand

नमस्कार मेडिटेशन की प्रस्तुति

शब्दों की उत्पत्ति कैसे हुई ?

--- “ध्यानाचार्य”

ब्रह्मचारी प्रह्लादानंद

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"Dhyanaacharya"
Brahmachari Prahladanand

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“Dhyanaacharya” Brahmachari Prahladanand has been doing meditation since about the year 1995. Dhyanaacharya ji has done research on various modes of meditation. Wrote a book on what Dhyanaacharya ji received by meditating - "Guru Gyan Urja" which has been published in the year 2011. Only after meditation by Dhyanaacharya ji, the words opened their secrets, which led to a book on words. Wrote - "Shabdon Kee Utpatti Kaise Huei ?" Which is published in the year 2019. Dhyanaacharya ji wrote the second book written on the messages received from meditation "Karo Meditation" and "Do Meditation do" which has been published in the year 2021.

Dhyanaacharya ji also writes poetry - two collections of poetry of Dhyanaacharya ji have been published, first - "Par Sakoon Milai Hai", second - "Sahil Par Zindagi". Dhyanaacharya ji has also published "The Earthian Calendar Anand" in English on 13 months in 1 year and 28 days in 1 month. Dhyanaacharya ji keeps encouraging people in the field of meditation and keeps motivating people to get mental and spiritual peace by connecting with God in meditation.

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